

THE MATCH

Match Staff:

Editor-in-Chief

Haleigh Brown

Asst. Editor-in-Chief

Elizabeth Hopkins

Asst. Editor-in-Chief

Tricia Saputera

Layout Artists

Naina Chauhan, Leo Gordon

Graphics Editors

Zach Bright, Suzanne Brown

Torch Staff:

Editor-in-Chief Sana Rahman*

Asst. Editor-in-Chiefs Riley Board*,

Suzanne Brown*

Copy Editors Annie Hassan*, Alexa

Mollod*

Web Editor Zach Bright*

News Editor Nathalie Bencie*

Asst. News Editors Ben Gordon*,

Kasumi Wade*

Sci & Tech Editor Manny Rea

Entertainment Editor Mackenzie

Dyrda*

Asst. Entertainment Editor Anna

Labiner

Features Editor William Khabbaz

Sports Editor Cate Alvaro

Asst. Sports Editor Noelle Bencie

Humor Editor Allie Odishelidze*

Asst. Humor Editor Olivia Hansen

Opinion Editor Melissa Santoyo*

Asst. Opinion Editor Brianna Nelson*

Focus Editor Gwyn Petersen

Photo Editor Cate Alvaro

Graphics Editors Zach Bright*,

Suzanne Brown*

Business Manager Sarah Mihm*

Asst. Web Editor Ella Hechlik

Web Section Editors Madi Holmes,

Ben Nicholson, Josh Gulyansky, Ryan

Wasserman

Adviser Christopher Lenerz

Principal Dr. Stephen Covert

*Denotes member of editorial board.

The Match covers topics, issues, events and opinions of relevance to students grades two through six. The Match is published five times a year by Pine View School and maintains membership in the Florida Scholastic Press Association. Press run is 900 copies. Copies are provided free of charge to students, faculty and staff.

Letters. The Match welcomes reader reactions to published content in the form of letters to the editor. Submit typed letters to haleigh.brown@pineviewtorch.com. Letters should be less than 300 words and contain the author's name and grade, although the author may request anonymity. Submissions may be edited for authenticity, grammar, clarity and length.

Guest writing. The Student Corner is an open forum for student commentary. The Match welcomes guest submissions on topics relevant to readers. Contact the Editor at haleigh.brown@pineviewtorch.com to discuss an idea.

Reader input. Submit story ideas, comments and questions to the editor of the publish. Address general comments and questions to the Editor-in-Chief at haleigh.brown@pineviewtorch.com.

Advertisements and subscriptions. To place an advertisement or purchase a subscription, email sarah.mihm@pineviewtorch.com. The Match reserves the right to refuse any advertisement.

FRONT PAGE: Fifth-grade students travel to Celery Fields and view wildlife in its natural habitats. Fifth-grade teacher Andy Vitkus organized this fieldtrip in order to connect the lesson being taught in science classes with a real-life application. PHOTO BY CATE ALVARO



Students participate at the PV Ted Talks. Here, high school students mentor fourth graders. PHOTO BY ELIZABETH HOPKINS

news

[p.4]

Teacher earns state award

[p.5]

Students serve up success

[p.6]

Club 'sparks' fitness
Students participate in a running club sponsored by teachers Amanda Simon and Cindi Wozniak.

Students are educa-TED
High-school students mentor elementary classes through PV TED Talks.

entertainment

[p.7]

Briefs

[p.8 & 9]

Take a 'pizza' your heart
Learn about the best pizza spots in town and add a slice to your life.

[p.10]

Student taps for claps
Fourth-grader tap dances across the stage.

[p.11]

Not to fear, it's holiday cheer!
Use your crafty skills to construct these jolly DIYs.

features

[p.12-13]

Light up the holidays

The Match helps you light up your holidays.

[cont.entertainment]

[p.14]

Student is not fiddling around

Fourth-grader shows off his talents with his unique violin skills.

sports

[p.15]

Student is a 'hot shot'

[cont.sports]

[p.16-17]

Stress: zen and now

Take a trip to these yoga centers where you can try out this relaxing art.

[p.18]

Sixth-grader chases his goals

Sixth-grader Daniel Brokate has played competitive soccer for four years.

Student does her max in 'lax'

Fifth-grader Caroline Steinwachs has been excelling in lacrosse for three years.

[cont.sports]

[p.19]

Student is ready to 'tumble'

Fifth-grader Lola Delbridge tumbles into success in her gymnastics career.

student corner

[p.20]

Student Submissions

[p.21]

What happened during the War of 1812?

humor

[p.22]

Ready for (freaky) Friday?

Joke Box

[p.23]

Walking in a winter 'wander'land

Wynn Tur goes on the sleigh ride of his life.

Cartoon is 'life-size'

Student finds an unexpected friend "in" The Match.



focus

[p.24]

Student 'drives' to help lives

Fifth-grader Kendall Frochette heads a clothes drive after recent hurricanes.

Find your real friends

TOP: Fifth-grader Lola Delbridge poses at the Fall State Meet in Tampa.

PHOTO PROVIDED BY MISTY DELBRIDGE

BOTTOM: Two students hang from silks at Circu-Soul Yoga.

PHOTO BY MADI HOLMES



Teacher earns state award

Squires receives teacher of the year recognition

by **Kasumi Wade**

After driving six hours to Marianna, Fla., sixth-grade English teacher Fran Squires was awarded the Florida Council of Teachers of English (FCTE) Teacher of the Year Award at Chipola College; a trip well worth the wait. However, this was not Squires' first major recognition—in 2014, she received the Teacher of the Year by the National Council of Teachers of English, the parent organization to the FCTE.

To become a finalist, Squires was first nominated by a colleague from another school and then evaluated last school year, eventually submitting an application last May. The application included her resume, letters of support from her fellow colleagues, and a written essay. The FCTE (Florida Council of Teachers of English) have a committee which evaluates all of the nominations and selects their choice for Teacher of the Year.

Squires was honored to be supported by her colleagues, including Assistant Principal Sue Fair as well as the students who provided letters of endorsement for her. "Mrs. Squires has been teaching for over 40 years and has devoted a lot to this school. I feel that she has well prepared her students for high school and is very creative with the projects she assigns. She is also very supportive and I could not

think of anyone more deserving of this recognition than her," Fair said.

Before receiving the award, the president of the FCTE read aloud excerpts from the letters of the application. All other finalists were invited to this event, so Squires was unaware that she

“Mrs. Squires has been teaching for over 40 years and has devoted a lot to this school ... I could not think of anyone more deserving of this award than her.”

**Sue Fair,
Assistant Principal**

would be the winner. "When he read the excerpts and then called my name, I was fairly and pleasantly surprised," Squires said.

The recognition ceremony has been held at various venues, but this year it was held at the Fall Professional Development Conference Oct. 14 at Chipola College. "I work hard and being lauded for that by people who are the best of the best is very grati-

fyng and humbling," Squires said.

With a teaching career spanning just over 40 years, according to Squires, even after winning both the national and state Teacher of the Year award, she will never stop moving forward. "I will always try to improve my skills, will always keep being a voracious reader, and will hone the writing craft for both myself and my students," she said.

This drive to do right by her students is seen through her work for Scope magazine published by Scholastic, a publishing and education company, for whom Squires is working with for her eighth year as a National Teacher Advisor. Some of her responsibilities include vetting teaching material, being prepared for the company and providing editorial input. Also highlighting creative ventures in the classroom, Squires' Poe Day project, where students present a variety of Poe-themed works of art, was selected by Scholastic for its national website, accessible to other teachers all over the country.

According to Squires, her end goal is to always bring her students to excellence, even if they might not see it at the time. "I hope me receiving this award has inspired my students to work hard for opportunities which are provided for them," she said.



Sixth-grade teacher Fran Squires instructs one of her English classes at the front of the room. Squires, an experienced member of the Pine View staff, was recently awarded the Teacher of the Year Award in Marianna, Fla. from the Florida Council of Teachers of English.

PHOTO BY KASUMI WADE



We are a premium transport and carpool management service for youth, ages 5 and up, in and around the Sarasota County.

We transport your precious cargo from school to after-school activities.

RESERVE A SEAT TODAY!






MUSIC GYMNASICS DANCE TUTORING FARMS SPORTS TAE KWON DO
WWW.SKATSRQ.COM



JIM'S
Small Batch
BAKERY

Students serve up success

by Gwyn Petersen

For fifth-graders interested in cooking, the Kids N Chefs Sundown Gala is an opportunity to put their skills to the test. This year, the event took place Oct. 26 from 5:30 p.m. to 7:30 p.m. in the Student Union and was open to the public. Featured meals were made by a select group of elementary students in the county.

Chefs Move to Schools is a national program that hosts workshops and events like this one, educating students on food and its origins. The initiative was brought to Sarasota by Beverly Girard, director of Food and Nutrition Services, after hearing that the program existed in Orange County. The program has now been up and running in Sarasota for five

years, although this is the first year with Pine View as its host. “This really allows us to con-

“This really allows us to connect with people who want to get involved with cooking and lets them see what [Food and Nutri-

tion services] do,”
Beverly Girard,
Director of Food and
Nutrition Services

nect with people who want to get involved with cooking, and lets them see what [Food and Nutrition services] do,” Girard said.

The event also allows local chefs and kids signed up by their teachers from local schools to work together to add new recipes for school lunch menus. One such recipe is the garden lasagna, which has been available to schools since last year. “Kids really love to see what they create on the menu,” Jeff Tourney, Area Supervisor for Food and Nutrition Services, said.

Approximately 25 students from across the district participated this year, as teachers selected students they individually felt would benefit from the program. These students first worked with the chefs to create a menu, which ranged from barbecue chicken shepherd’s pie with a sweet potato crust to a flatbread with beef, hummus and mozzarella.

The final menu was voted on by the students involved a week prior to this event. For a week, both parties met during and after school hours to decide on ingredients for their meal and practice cooking it. The day of the event, the meal was made twice—once as a dry run, which was served to passersby outside of the Student Union, and once right after school let out for the event later that evening. “It was a good experience to be back in the kitchens,” fifth-grader Sam Fernandez said.

Local chefs involved with Chefs Move to Schools include Alex Vasquez from Mattison’s restaurant, working with Pine View students, and Mike Yoder from Oak and Stone, working with students from



Fifth-graders Cole Lerner, Sam Fernandez, David Gugliardo, Morgan Hale and Mia Rosenthal participate in the Kids N Chefs Sundown Gala. The event was open to the public, welcoming students as well as parents and adults from around the area. PHOTO BY GWYN PETERSEN

Ashton Elementary, making it possible for kids to get more involved not only with their school, but with the culinary

arts in general. “I think it’s really exciting to be able to cook new foods,” fifth-grader David Gugliardo said.



Pine View students serve food to adults and parents at the Kids N Chefs Sundown Gala. Pictured at center is Mary Jane Bruno, former manager of Pine View Kitchen. PHOTO BY GWYN PETERSEN

Have Fun AT THE DENTIST!

SPECIALISTS IN PEDIATRIC DENTISTRY

Designed to delight & warmly engage children from 1-18 years old, Sarasota’s most modern & unique pediatric dental office will entertain & invite your kids to learn about their dental health!

.....

We help you file your insurance. Call us for a complimentary benefits check.



DR. M&M AND DR. ELENA

THE SMILEWORKS DIFFERENCE

-  Dr. M&M’s Mini Molars, Ages 1-3
-  Parents Welcome Back
-  24/7 Emergency Care



Now Accepting New Patients
 3103 Fruitville Rd, Sarasota
 SmileWorksKids.com
 941.953.2111

Club 'sparks' fitness

by Ryan Wasserman

SPARK Club ignites a love for healthy living through running. Held on the track on weekdays from 8:00 a.m. to 8:45 a.m., the club is open to elementary and middle school students. SPARK aims to give members healthier lives by encouraging them to reach their own personal bests through running.

Sponsored by fourth-grade teacher Amanda Simon and fifth-grade teacher Cindi Wozniak, the club was formerly named PV Run Club, and has existed for about six years at Pine View. Aide Leny Gross is also there to help, playing music via his Bluetooth speaker. "When we ex-

ercise, certain things occur in our body and in our brain that primes them to receive and process information, and generally assist with learning," Simon said.

During training, students briefly stretch before beginning to run at around 8:15 a.m. However, they are not required to run. Some use this time to socialize or warm-up by walking, while others increase their running duration on the track.

After a half hour, those who ran tally up their laps and convert them to miles, giving them a good idea of their progress. At the end of the year, these members receive club merchandise if they

have the highest mile number. "I think that it's a really fun school activity for those who get there early," Brendan Kuskin, a student who has been running with SPARK since last year, said.

The number of members in the club increased drastically to 100 during the "Run with Dr. Covert," an event held Oct. 29, in which Principal Dr. Stephen Covert ran alongside students on the track for a morning of exercise. Dr. Covert acted as the club's "Celebrity Runner," running almost three miles in the half-hour session. Future sessions with "Celebrity Runners" have been planned, as Assistant Principal Allison Rini has al-



Members of the SPARK Club stand with Principal Dr. Stephen Covert. The club is sponsored by fourth-grade teacher Amanda Simon and fifth-grade teacher Cindi Wozniak.

PHOTO BY RYAN WASSERMAN

ready agreed to do a morning session. "When he came out there, they were all cheering and waving, and he did a great job," Simon said. "They were just happy to be out there."



Twelfth-grader Alex Anacki speaks about grades and the quest for success at PV Ted Talks. The event was created by elementary guidance counselor Kate McManus.

PHOTO BY ELIZABETH HOPKINS

Students are educa-TED

by Elizabeth Hopkins

Going forth with a new tradition, PV Ted Talks was recently held in the auditorium for fourth-graders. High school speakers gave presentations on a variety of topics close to them, captivating the audience while also making students think beyond themselves.

Created by elementary guidance counselor Kate McManus, the event was introduced last year to instill mentorship here on campus. Due to popular demand, the event is now an annual event on campus.

Younger students, too, had a chance to participate, as some fourth-graders were even tasked to present to their peers before talks. Fourth-grader Gwendolyn D'Souza was particularly taken with the

last presentation and said, "It helped me figure out if I have a healthy friendship with my friends."

These topics reflected a wide variety of personal experiences and perspectives, allowing the students to think about how their decisions affect themselves as well as

others. The whole experience proved to be quite interactive for those in the audience.

In the years to come, McManus wants to continue this event. "It's the positive leadership we have at this school," McManus said. "At Pine View, I think it's our biggest untapped resource."

High school presenters

The quest for success
Alex Anacki (12)

The importance of curiosity
Sachit Gali (11)

Balancing school and sports
George Harding (9)

Stereotyping
Hunter Kessous (12)

Friendship
Nicholas Blake and Arooj Khan (12)
Visual art through storytelling
Pablo Gonzalez (11)

Hard work
Sarah Harding (11)

Take control of your life
Sy Schimberg (12)

December and January Events and Teacher Birthdays

Dec. 15

Coach Thorpe's birthday

Dec. 18

Ms. Siwicka's birthday

Dec. 28

Coach DiGiacomo's birthday

Dec. 31

Mr. Maron's birthday

Jan. 8

Mr. Michalajko's birthday

Jan. 17

Ms. Hollar's birthday



Students escort their selected veterans. Pine View's Veterans Day Parade was held Nov. 10, organized by elementary student council. PHOTO BY MANNY REA



Students observe worms at the new compost farm. Fifth-grade teacher Andy Vitkus took on this project in his classes, with parent volunteers assisting. PHOTO BY RYAN WASSERMAN

IN BRIEF

Fifth grade learns outdoors

by Ben Nicholson

Nov. 15, 16 and 17, Pine View fifth-graders took a trip to the Celery Fields, a Sarasota County park famous for its wetlands and bird-watching tours. The trip was led by fifth-grade teacher Andy Vitkus and organized with the tour company Around the Bend Nature Tours.

The field trip was designed by Vitkus to complement a unit being studied in science classes on adaptation, the process by which animals become better suited to their environment. "[We hope to] connect the book to what we have in Sarasota, one of the greatest birding areas in the world," Vitkus said.

Students rotated through

a series of activities, from observing birds on a boardwalk to roleplaying as Limpkins, a bird species native to Florida.

Celery Fields is home to a variety of bird species, including ducks, geese, storks, and owls. This wildlife allowed students to not only study the adaptations of birds, but also the importance of protecting their habitat. "We don't think about the human impact here in our classrooms, but what's the impact on birds when people are fishing or hunting?" said Vitkus.

The trip was well-received among students. "It's nice to take a break from the classroom environment and go outdoors to learn," said fifth-grade teacher Caroline Steinwachs.

Students explore continents

by Noelle Bencie

Third-grade classes discover the world through their annual papier-mache project. This project has been on the curriculum for six years, allowing students to learn about a specific animal from their designated classroom continent, which was preassigned and excludes Asia because of its scope.

Each student is responsible for researching, creating, and later presenting their chosen animal to their fellow classmates and families. "We spent two days outside papier-mache-ing and two days painting them with their parents, and the last day we added the embellishments," third-grade teacher Freda Williams said.

In all, the project takes about two months on-and-off to complete, from first researching the animal to ultimately presenting to peers and family. Third-grader Sarah Shea Latta said, "It was a good experience to use papier mache because I've never used it before."

On Nov. 14, the project culminated when each third-grade class toured other classes for half-hour intervals. Students gave presentations about the habitats, characteristics, and climate of their assigned animals. According to third-grade teacher Laura Bradley, this assignment helps students gain independent researching skills that can help them in upcoming courses at Pine View.



GRAPHIC PROVIDED BY DEPOSITPHOTOS.COM

[a review]

Take a 'pizza' my heart

Pizza — a delicious, cheesy treat that has delighted diners for generations. In order to help you in the quest for the perfect slice, The Match has provided a list of the essential pizzerias in town.

Joey D's

by Brianna Nelson

The relaxed and vibrant restaurant Joey D's Pizza provides a casual and sporty environment to enjoy delicious Chicago-style foods and spend time with friends and family.

Joey D's offers a unique blend of foods and flavors with its mix of Chicago and Italian influences. The eatery began in 1994 in Chicago before spreading to Minneapolis, and now the Sarasota-Bradenton area. The restaurant is named after Joey Dennis, whose family started the restaurant while Dennis struggled with a life-threatening disease called Cockayne Syndrome. Those with this fatal neurodegenerative disorder often have growth failure, impaired nervous system development, sensitivity to sunlight and eye disorders. People with this disease are expected to only live to around age 12; however, Dennis lived way past the prediction and

lived until the age of 32. Joey D's family and brother have continued their restaurant's lineage, constantly trying to spread their Chicago-Italian culture to all those who decide to dine there.

Joey D's sports and family oriented environment fits perfectly for a night out with classic American foods. Some of their most popular items are pizza, calzones, hamburgers and hot dogs. The eatery also offers a sizable dessert menu with delicious treats from sweet cannoli to rich chocolate cake. An example of one of their dishes is the customer favorite, called the Monsters of the Midway pizza. The mix of meaty pepperoni, ham and bacon contrasts well with the vibrant flavor of the olives and onions, and the crust being thin, well balanced, and perfectly cooked. Toppings are offered generously and the portions are quite large.

With TV screens and team banners adorning the walls, Joey D's offers a laid-back environment to watch sports games and relax while eating flavorful pizza. The interior of the restaurant is full of small wooden tables and leather-covered seats as well as booths to give the restaurant a darker, cozier feel. This darker interior starkly contrasts the bright white and red walls of the outside.

Joey D's offers both indoor and outdoor seating for all customers. Take-out options are also provided if one is in a rush or is catering for large parties or events. If you decide to cater, order at least two to three days before the event.

Prices are reasonable, considering the large and filling portions, with most full-size pizzas ranging from \$18 to \$22. Hot dogs cost \$4 to \$7, and soups and salads range from \$5 to \$10.



The interior of Joey D's is bright red, the walls dotted with images of sporting events. The current menu offers a variety of pizzas, including their famous Chicago-style stuffed pizza. PHOTO BY BRIANNA NELSON

With a delicious mix of traditional Italian cuisine and classic American foods, Joey D's Pizza offers a comfortable and relaxed environment to enjoy food, sports, and company.

3811 Kenny Dr, Sarasota, FL 34232 and 211 N Tamiami Trail,

Sarasota, FL 34236

Hours: Sunday - Thursday, 11 a.m. - 10 p.m., Friday - Saturday 11 a.m. - 11 p.m.



Rating: 5/5 Torches



Patrons can see fresh pizza being made while waiting in line for their pizzas and meals. The Original Solorzano's was opened in 1977 in Hoboken, NJ.

PHOTO BY BEN GORDON

Solorzano's

by Ben Gordon

Providing a cozy environment, Solorzano's Bros. Pizzeria is an excellent place to enjoy delicious pizzas, foot-long sandwiches and more.

After opening their first restaurant in Hoboken, NJ in 1977, the Solorzano family moved to Florida and opened the pizzeria in Gulf Gate in 2003 after vacationing and falling in love with Sarasota. After a few successful years, the family opened two new pizzerias, one in Siesta Key Village and one on Weber street.

Upon entering, one feels how the decor adds to the atmosphere. The walls in the Siesta Key pizzeria are covered in vintage black-and-white photographs as well as red accents, contributing to the authentic

New Jersey vibe. The indoor seating gives guests an opportunity to view the chefs making dough and baking the pizzas fresh. The Siesta Key restaurant also has plentiful outdoor seating, with cushioned chairs and umbrellas, as well as an intimate side patio that offers a more secluded dining experience.

It's not the decor, though, that Solorzano's is known for, it's their fantastic pizzas. There are 13 available for order, ranging from white pizza with fresh tomatoes, to pizza with meatballs. The pizzeria also sells gourmet pizzas, including Greek with feta cheese. Gluten-free pizzas are also available, and prices for basic pizzas range from \$20 to \$22, while gourmet pizzas range from \$23

to \$25.

Also offered are foot-long heroes, such as the meatball parmesan sub, as well as more complex options like the eggplant parmesan subs. Solorzano's Bros. Pizzeria is a great place to enjoy authentic Italian cuisine, and the atmosphere further adds to the quality of the dining experience. All of the staff is welcoming and thoroughly wants their guests to enjoy their meal.

215 Avenida Madera, Siesta Key, FL 34242 and 6670 Superior Ave, Sarasota, FL 34231, Mon. - Sun. 11:30 a.m. to 4:00 a.m.



Rating: 5/5 Torches

SRQ Pizza

by Mackenzie Dyrda

Whether dining in, carrying out or ordering delivery, Pizza SRQ caters to all cravings. An inviting atmosphere is coupled with a welcoming staff for an exceptional experience.

John Tatum, owner and founder, is a fifth-generation Sarasota native and holds 25 years of experience in family owned and operated restaurants. He opened Pizza SRQ in April of 2011 after participating in Sarasota Pizza Wars II in 2010 and winning best pizza all-around. The Sarasota Pizza Wars is an annual competition held in Phillipi Estate Park showcasing over 25 pizzerias in a head-to-head battle to determine the best pizza in

Sarasota.

Pizza SRQ uses farm-fresh ingredients delivered by local farmers, as Tatum is a strong advocate for healthy cooking. Fennel and rosemary are added to the pizza crust to aid in digestion. "We cook about 90 percent of our menu hands-on, from scratch, with original family recipes," Tatum said.

Mixing Tatum's unique heritage, Pizza SRQ offers both Italian and Greek menu options. Although their main focus is fresh, homemade pizza, Pizza SRQ serves numerous entrees including gyros, lasagna and a wide variety of pasta dishes. These entrees are affordably priced, ranging from \$7 to \$16 for pasta dishes and sandwiches, and \$10 to

\$22 for pizza options. Pizza SRQ advertises many special offers to suit any taste. On Wednesdays, kids aged 14 and under eat for free. For "Throwback Thursdays," they offer an extra 15 percent off any order. Also, download the Pizza SRQ app and receive a free eight inch pizza as a reward.

Tatum is currently involved with each of Sarasota's local high school sports teams, as well as middle and elementary schools. Their pizza combines the ideal amount of delicious sauce, with creamy, warm cheese making every bite perfection. When enjoying the warmth and flavor of the pizza, one can not help but feel fulfilled and sincerely satisfied.



Pictured is SRQ Pizza's margherita pizza which is baked fresh daily. Owner John Tatum has 25 years of experience running family restaurants.

PHOTO BY MACKENZIE DYRDA

5764 Palmer Blvd, Sarasota, FL 34232, Monday- Thursday 11:00 a.m.- 8:00 p.m. Friday and Saturday 11:00 a.m. - 9:00 p.m. Closed Sunday.



Rating: 5/5 Torches

Student taps for claps

by Sarah Mihm

Fourth-grader Lucianna Carney can often be found tapping across a stage or pirrouting in the studio. Since the age of 3, she has been practicing dance styles from lyrical to tap.

Once a week, Carney practices with Twinkle Toes Dance Studio in Englewood, Fla. She started at this studio five years ago. The studio breaks up the dancers into groups based on both age and experience; Carney is in the second to oldest group. They have recitals every year, where the dancers perform in group dances, duets, and solos; Carney primarily does group dances.

An average practice be-

gins with stretching and is followed by Carney and her group practicing their dance routine across the room. Moves like grape vine or taps are used to warm up. Each age group then proceeds to practice the group routine assigned for that year. The groups learn dance moves and various styles not only to fulfill the requirements for recitals, but to grow as dancers.

The type of music that she performs to ranges from older classics, to updated and modern songs. "I liked the dance to the song 'Rockin' Robin' a lot," Carney said. "The tap dance was really fun and we all got to wear feathers [in the costumes]."

Her studio is not the only place that Carney gets to dance, as she also enjoys performing with her friends. "We all know the moves from class and can then make something new," Carney said.

Charles Carney, Lucianna's father and Pine View social studies teacher, said, "Lucianna has done a couple of different styles of dance and it is nice to see her really enjoy tap and move forward with that style."

Carney's next performance will be at the end of this school year when her group has finished learning all their new dances.

In the future, Carney wants to continue dancing,



Fourth-grader Lucianna Carney poses in her costume with an umbrella as a prop. Carney has been dancing with Twinkle Toes Dance Studio for five years.

PHOTO PROVIDED BY MELISSA CARNEY

not only in class, but with her friends, as she grows older and becomes more experienced in the world of dance.

Our Business is About #LifelongRelationships

Lifelong Relationships



Team



Customers



Community

We support
The
Pine View Torch

Visit us Online Today at CoolToday.com

[f/GetTheBestFromToday](https://www.facebook.com/GetTheBestFromToday)

Never an Overtime Charge • 7 Days a Week • Call Today to Schedule Your Appointment!

CoolToday
CACO55539

PlumbingToday EnergyToday
Electricians

941.584.8689

Not to fear, it's holiday cheer!

by Leo Gordon

With The Match's DIY expertise, make the holidays your own way. From tasty treats to gifts that will last a lifetime, we have you covered. This winter season, try to avoid ordinary store-bought items, and show your love for friends and family with these handmade items crafted with care.

Candy Cane Reindeer

Materials:

- Small googly eyes
- Small red or black pom-poms
- Brown pipe cleaners
- Candy canes
- Hot glue gun (with parental permission)

Directions:

Step 1: Wrap a brown pipe cleaner around the curve of a candy cane (these will be the antlers), with the two ends sticking out away from each other.

Step 2: To shape the antlers, wrap the two ends of the pipe cleaner separately around your finger, creating a spiral.

Step 3: To finish up the reindeer, use a hot glue gun to stick on the two small googly eyes and pom-pom nose.

Step 4: Lastly, tie a thin ribbon around the straight part of the candy cane for effect.

Candy Cane Bark in a jar

Materials:

- Candy canes
- Ziploc bags
- A rolling pin
- White chocolate chips
- Glass jars

Directions:

Step 1: Unwrap the candy canes and place them in a freezer-size Ziploc bag.

Step 2: Crush the candy canes

by rolling over the bag with a rolling pin until you have them to your desired texture.

Step 3: Place the white chocolate chips in a large microwave-safe bowl, and microwave for 45 seconds. Stir, and then microwave in increments of 30 seconds, stirring between each time until the chocolate has melted.

Step 4: Stir half of the crushed candy canes into the melted chocolate, and then spread the mixture out evenly on a foil-lined cookie sheet.

Step 5: Once the mixture has been spread out, sprinkle evenly with the remaining half of the crushed candy cane pieces.

Step 6: Place the bark in a refrigerator for a minimum of 1 hour to let harden.

Step 7: After waiting, remove the bark from the refrigerator and break into small pieces. To give as a gift, tie a ribbon around a glass jar and place the bark inside.

Essential Oil spray

Materials:

- Distilled water
- 30-50 drops of 100% pure essential oils of your choice
- Glass spray bottle

Directions:

Step 1: Add 3 ounces of distilled water to your glass bottle.

Step 2: Add the essential oils you are using (such as pepper-



TOP: This chocolaty, minty treat will be all yours after a few easy steps. With the help of The Match, you don't need to be a pro-chef to whip up your own culinary creation.

LEFT: With everyday supplies, dress up ordinary candy canes into adorable, holiday reindeer. These make excellent stocking stuffers!

PHOTO PROVIDED BY ONELITTLEPROJECT.COM AND LEITESCULINARIA.COM

mint, cedar or pine essential oils) into the bottle.

Step 3: Place the top on and shake well to combine, then top off with a small amount of additional water.

Step 4: To use the fragrant spray, shake contents and mist the air throughout your home.

Holiday Snow Globe

Materials:

- Mason jar(s)
- Distilled water
- Glitter
- Glycerin
- Miniature figurine (plastic

snowflake)

- Clear-drying epoxy

Directions:

Step 1: Begin by adhering your chosen figurine, if desired, onto the inside of the lid of a mason jar.

Step 2: Next, fill the mason jar with distilled water almost to the brim, adding a few pinches of glitter and a dash of glycerin.

Step 3: Lastly, screw the lid onto the jar tightly, making sure not to disturb the figurine. Turn the jar over, and watch the glitter trickle down the snow globe.



Dazzling DIYs

by William Khabbaz

Lighting is a crucial, but often overlooked, tool in creating a perfect, peaceful ambience during the holiday season. To create that essential luminescence, The Match has provided three easy DIY projects that all include mason jars!

Pine Cone Lights

Materials:

- A clean glass mason jar
- A small piece of lace
- Twine
- 1-2 small pine cones
- Hot glue gun
- Snow-Tex
- Epsom Salt
- A small candle



PHOTO PROVIDED BY CRAFTS BY AMANDA

Directions:

- Step 1: Take the piece of lace and wrap it around the top of the mason jar. Seal the lace by wrapping the whole rim with twine.
- Step 2: With parental supervision, hot glue one pine cone to the rim of the jar, on the twine.
- Step 3: Take the Snow-Tex and rub it on the rim of the jar as well as on the pine cones for a snowy effect.
- Step 4: Add Epsom salt to the bottom of the jar until it is an inch full. Then place the small candle on the top of the Epsom salt.
- Step 5: After that, just light the candle, with parental supervision, to add a festive glow.

Book Page Mason Jar

Materials:

- A clean glass mason jar
- Twine or ribbon
- Hot Glue or Tape
- A page from an old book, music sheet, etc.
- Scissors
- Small candle
- Pencil



PHOTO PROVIDED BY PINTREST

Directions:

- Step 1: Take your pencil and draw a shape on the center of the page and cut along your trace.
- Step 2: With parental supervision, hot glue the page around the mason jar.
- Step 3: Take a piece of twine or ribbon and wrap it around the top of the jar.
- Step 4: Lastly, place a candle at the bottom of the jar and light with parental supervision.

LIGHT UP THE HOLIDAYS

by Haleigh Brown

With the holidays coming up, it's important to take in the cool weather and the memorable times you can share with your family. From light up shows for a group of people to a baking night with your best friend, there are innumerable ways to show your holiday cheer and light up your holiday season.

GRAPHIC BY SUZANNE BROWN

A Radiant Recipe

by Haleigh Brown

Ingredients:

- 1 box milk chocolate cake mix
- 1 small box chocolate instant-pudding mix
- 3 eggs
- 3/4 cup vegetable oil
- 1/2 cup water
- 3/4 cup sour cream
- 2 teaspoons vanilla extract
- Vanilla buttercream
- Store-bought black frosting
- M&Ms

Direction

Step 1: Preheat oven to 350° F. Line two muffin tins with 18 paper liners.



PHOTO PROVIDED BY BAKED BREE

Eradescent Events

by Alexa Mollod

After decorating your own house with glowing holiday lights, venture out and discover the light shows here in Sarasota. Year after year, these spectacles prove to be a delight for all ages, illuminating the season.

Lights in Bloom



PHOTO PROVIDED BY SELBY GARDENS

Throughout the year, the Marie Selby Botanical Gardens is a Sarasota must-see for people of all ages. However, for the holiday season, Selby Gardens gets even better.

From Dec. 16 to Dec. 30, from 6 p.m. to 9 p.m., Selby Gardens kicks off the holidays with its annual "Lights in Bloom" festival. The gardens will transform into a wonderland complete with flowers,

dragonflies, garden trains and more. Selby Gardens embraces the Floridian style and creates what it describes as a "tropical paradise."

Admission is very inexpensive for children. Adults are \$25, kids ages 4-16 are \$7.50, and kids ages 4 and under are free. Selby Gardens is located 900 S. Palm Ave.

SRQ Trolley Holiday Tour of Lights



PHOTO PROVIDED BY SARASOTA HERALD TRIBUNE

Step 2: Add cupcake ingredients to the bowl of an electric mixer. Beat well, about three minutes, scraping the bowl occasionally.

Step 3: Divide batter evenly between muffin tin. Bake for 18 to 22 minutes, or until a toothpick comes out clean. Let cool completely.

Step 3: Using a large round tip, pipe buttercream in a swirl onto the cupcakes. Draw a black line around the surface of the frosting with black frosting.

Step 4: Stick M&Ms vertically into the side of the cupcakes and enjoy a festive treat!

If interested in seeing all of the best light displays in Sarasota in one night, the SRQ Trolley offers the perfect solution. This festive green and red trolley takes its passengers to the most beautiful lights in town. The trolley allows you to sit back, relax and enjoy quality time with friends and family.

On top of the marvelous lights and good company, the trolley plays holiday music and allows you to bring your own beverages. So, cozy up with a hot chocolate and enjoy the ride.

The SRQ Trolley runs from Dec. 5 to Dec. 31, and has both 6:30 p.m. and 8:30 p.m. tours. Pick-up is at the corner of Cattlemen Rd. and Bee Ridge Rd., and tickets are only \$15.

Student is not fiddling around

Fourth-grader expresses himself through the violin

by Nathalie Bencie

For fourth-grader Grayson Cicilioni, nothing compares to the beautiful music he is able to create through the violin. Practicing the stringed instrument for over a year, Cicilioni continues to show improvement and enthusiasm with every piece he plays.

Cicilioni began playing the violin in September of 2016 and has not put it down since. While out shopping at The Violin Shop, Cicilioni came across a rack of violins and had a salesman play a song for him. After discover-

ing he admired the sounds it created, Cicilioni decided to pick up playing violin in his free time. "I really liked the sound of it, and that's what motivated me to start playing myself," Cicilioni said.

Cicilioni practices the violin with his teacher Marcus Ratzenboeck, who has been teaching him for the past two months. Every Tuesday, Cicilioni meets Ratzenboeck in his recording studio to prepare for his next upcoming recital. On his own, Cicilioni practices at least an hour every day. "When I practice at home,

I don't get nervous like I do when playing in front of an audience," he said.

Cicilioni's favorite violinist is Shinichi Suzuki, a Japanese musician who was a music educator in the mid-twentieth century. "I own one of his violin books that he made to teach others," Cicilioni said. "If you've ever heard him play [the violin], he is really good."

So far, Cicilioni has played in two recitals held in Orlando, winning notable awards for each. When asked what he likes most about playing in recitals, he said, "My favorite part is when I am able to master the piece and play for everyone. It sounds really pretty."

As well as his favorite violinist, Cicilioni says his role model is his teacher, who has always inspired him to play his best, even when Cicilioni struggles to play a specific piece. "When I'm messing up the music, he plays it for me to show me how to do it correctly," he said.

In the future, Cicilioni hopes to continue his advancement on the violin and possibly join the Pine View Orchestra. As of now, he will continue to practice with Ratzenboeck and play during his free time.

"Grayson really loves to play violin," Ratzenboeck said. "I definitely see him playing violin throughout high school."



Fourth-grader Grayson Cicilioni poses with friend fourth-grader Sankalp Manjesh, who has been inspired by Cicilioni. Cicilioni hopes to join Pine View's orchestra in the future.

PHOTO BY NATHALIE BENCIE



Fourth-grader Grayson Cicilioni plays the violin at his house. Cicilioni has been learning from his teacher Marcus Ratzenboeck for the past two months.

PHOTO PROVIDED BY LORI CICILIONI



PERFORMANCE EYECARE
FAMILY FOCUSED. LIFETIME CARE.

Henry J. Bausback, OD, FAO
941.361.9491

COMPREHENSIVE EYE EXAMS
GLASSES • CONTACT LENSES • EYE HEALTH EXAMINATIONS

FULL OPTICAL SHOP WITH LICENSED OPTICIAN ON PREMISES

1058 N. Tamiami Trail, Suite 105 (Across from Van Wezel)
performanceeyecaresarasota.com



Heather S. Anacki, M.A. CCC-SLP

Children's Therapy Associates, Inc.

Pediatric Therapy
Occupational, Physical & Speech

941.756.1003 • Fax: 941.756.6003
www.ctaflorida.com

3911 Golf Park Loop, Ste. 105, Bradenton, FL 34203

Student is a 'hot shot'

by Suzanne Brown

From the basketball court to the classroom, second-grader Lucas Tong is an MVP in all he does. After over two years of practice at the YMCA, Tong's basketball team has won seven gold medals.

Initially, Tong became involved with the sport after encouragement from his parents, quickly taking to it. Beginning with only once a week practices, Tong quickly advanced past his age group and now attends the YMCA twice a week since the beginning of this season. Because of his skills, Tong has advanced even further and is now a part of an older, more competitive age group. "He's pretty good for his age," Ye

Wang, Tong's mother, said.

Tong's coach at the YMCA, Robbie Tello, said, "He's a seven-year-old and he's playing basketball in the age 8 to 9 group. So, he's playing with a lot of older kids. He's playing up an age group, putting points up on the board and having a good time. He's a fast learner."

According to Tello, the YMCA has organized six different teams within Tong's age group, each having around seven to eight players. Tong has team practice every Wednesday for an hour, refining skills such as passing, shooting, dribbling and the rules of the game. Tong then plays games with the other YMCA-based teams each Saturday for the same duration

as his practices. Tong said he feels both nervous and happy when he competes.

The season ended Nov. 4, and Tong's team placed third in the playoffs. The playoffs occur during the last couple weeks of the seasons, when the winning teams meet up in the finals and the losing teams face off in a conciliation game. While Tong's team didn't win the championship this season, Tong has accumulated seven medals throughout the past two years.

As for a future in basketball, Tong looks forward to continuing the sport. "Lucas likes basketball a lot, and we would love to keep him playing it," Wang said.



Second-grader Lucas Tong shoots a jump shot. He plays in the eight to nine age group at the YMCA, a more advanced and competitive team. PHOTO BY TRICIA SAPUTERA

Beautiful Smiles for a Lifetime



EHRLICH & SALLAPUDI
Orthodontics

Nitin Sallapudi, DDS, MSD

Board Certified Orthodontist

www.crossbite.com

VENICE

941.485.7006

140 Indian Avenue
(Across from Venice High School)

ENGLEWOOD

941.475.6860

900 East Pine Street • Suite 121
(In Lemon Bay Professional Center)

A short drive from Pine View School

[a review]

Stress: zen and now

With stress being more present in today's society, yoga has been found to be a peaceful approach to ease the mind. The calming craft of yoga has been passed from generation to generation for over 5,000 years. The Match is bending over backwards for you to try these places, where relaxing classes of yoga are offered for all ages.



GRAPHIC PROVIDED BY SJANIE MCINNIS

The art of yoga

by Elizabeth Hopkins

Everyday, students are expected to deal with significant amounts of stress. This can mean keeping up with a tough class, participating in sports and clubs, all while making sure not to neglect friends and family. Sometimes it may feel like it's all too much. But this is where the practice of mindfulness comes in, an art that allows you to see the world with balance and compassion.

First, take a deep breath. By beginning with just two minutes of meditation daily, you will experience improvement in concentration and the alleviation of anxiety, among other benefits. By slowly spending more time reflecting daily, you will be able to feel a deeper connection

with yourself and the world around you. In the end, practicing meditation is about changing your lifestyle and breaking down old habits and thought patterns. But where do you even begin? This link, www.nytimes.com/guides/well/how-to-meditate, details steps to get started on your journey toward tranquility, offering several spoken word-guided meditation sessions designed to put you in that happy place.

Another key aspect of mindfulness is the practice of yoga, a time-honored mind and body discipline originating in ancient Indian philosophy. Revolving around a variety of poses, breathing techniques and meditation, yoga has been clinically prov-

en to improve physical fitness and overall health.

The physical benefits are numerous, including increased flexibility and muscle tone over time as well as influencing your mental well-being — doing yoga regularly is known to reduce stress and promote mental clarity. In addition to that, yoga is for everyone, regardless of fitness level. From Bikram to Ashtanga, there are endless schools of yoga to choose from; it's all about finding what works for you and your specific needs.

Both yoga and meditation are inherently associated, working hand in hand. For the physical practice of yoga not only rejuvenates your body, but also your mind, with poses specific to enhance medi-



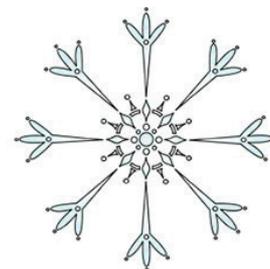
Four people demonstrate various yoga poses above. Yoga can bring peace and tranquility to the mind and body. PHOTO PROVIDED BY JAMPA LING

tation and decrease stress. In order to attain deep concentration, you have to be aware of the body. From that, you can begin to develop a consistent meditation routine, ultimately incorporating mindfulness into everyday life.

It is no revelation that

the mind and body share a profound connection. Taking care of physical health can reap numerous benefits for mental health, and vice-versa. To this end, The Match has selected two yoga studios nearby, giving you the deserved opportunity to unwind.

THE MATCH



Light Up the Holidays
[Features p.12-13]

Pine View School • 1 Python Path • Osprey, FL, 34229 • (941) 486-2001

Fifth graders discover wildlife at Celery Fields

[News pg. 7]

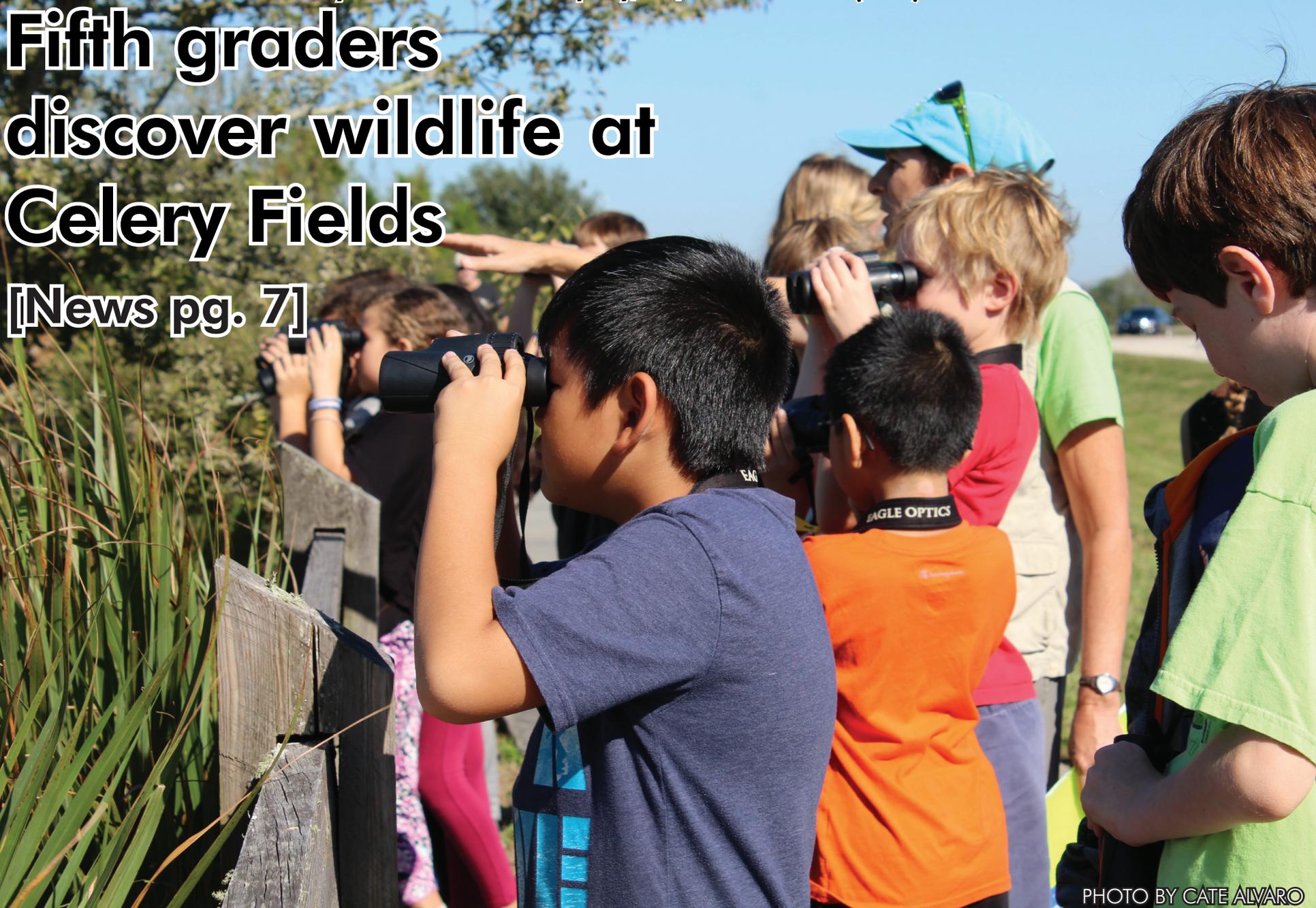


PHOTO BY CATE ALVARO

Student serves up success
pg. 5 [News]

Take a 'pizza' my heart
pg. 8-9 [Ent. Review]

Cartoon is 'life-size'
pg. 23 [Humor]



Several women perform the Trikonasana pose at the Yoga and Restoratives class at Yoga from the Heart. Yoga from the Heart has been open the longest out of all yoga studios in Sarasota, with 19 years under its belt.

PHOTO BY ANNA LABINER

Yoga from the Heart

by Anna Labiner

Stretching the boundaries of yoga, the longest running yoga studio in Sarasota, Yoga from the Heart, illuminates countless paths to relaxation and inner peace. Open since 1998, the studio offers classes and programs for those who seek a fun way to decompress.

Even after 19 years, Yoga from the Heart continues to uphold its goal of providing authentic yoga. The studio provides classes, teacher training, private instruction, workshops, and retreats. Workshops and retreats are open to all yoga students and focus on details that might not be covered during weekly classes.

While retreats are often located at resorts like the

Sanibel Harbor Resort, where the company headed last fall, workshops are at the studio. With this variety of options, it's no wonder the clients are so satisfied. "You leave here with a peaceful feeling, and a sense of self-accomplishment," regular patron Barbara Esslinger said.

From meditation to the fundamentals, one can choose from many different classes at the studio. Ranging from one hour to an hour and a half long, classes are priced at \$15 per session, and are available to all ages. At the Yoga and Restoratives class, the lesson starts off by a reading of a passage about appreciation and restoration, which indicates a fresh start after a difficult week. Then, a soothing lesson complete with

stretches and relaxing poses.

Yoga from the Heart truly provides a special experience that will make you want to "nama"-stay there forever. The cozy environment and caring staff only add to the studio's already positive vibe. The studio is located at 2010 Pine Terrace, and is open everyday from 8:30 a.m. to 7 p.m. "I hope that people gain a feeling of stillness, especially because we're all very busy people, and everybody has a lot going on in their lives," instructor Kris Galea, who has been teaching at the studio for six years, said.



Rating: 5/5 Torches

CircuSoul Yoga

by Madi Holmes

Putting a twist on the popular workout, CircuSoul Yoga is taking over Sarasota with its specialty class—the art of aerial yoga. This facility allows people of all ages to get a strengthening yet engaging workout.

CircuSoul Yoga incorporates circus equipment, such as swinging hammocks, into the traditional practice of yoga for a unique and one of a kind experience. The hammocks' stretchy properties allow the user to perform multiple core strengthening, balance, and strength improving exercises, while hanging from the air.

In class, you learn stretches from basic inversion, the primary position for more diffi-

cult stretches, to the more difficult half-angel pose, a piked split in the hammock.

Although CircuSoul Yoga offers classes for all ages, there are also kid-friendly options available for those ages 6 to 11. In the circus arts class, students not only get exposed to the hammock, but also the lyra, a hoop-like piece of circus equipment suspended from the ceiling designed for aerial acrobatics. The studio's qualified instructors provide a productive and enjoyable experience for all kinds of students.

"I always look forward to my aerial yoga class," regular customer and ninth-grader Bridget Judge said. "It's like a workout and a massage at the same time." The flexible ham-

mock allows the user to also feel relaxed, while simultaneously doing conditioning.

Along with the facility's aerial yoga classes, CircuSoul Yoga offers many other forms of yoga such as hot yoga, restorative yoga and Hatha yoga. While prices vary, the studio's traditional classes are cheaper than aerial yoga, starting at just \$5 for sessions. "I like that yoga brings people together, and people work on improving themselves while also having a fabulous time," the primary instructor for all levels of aerial yoga classes, Nina Meyer, said.

CircuSoul Yoga is a top-notch facility with a fabulous staff and an inviting environment. Right off of Clark Road, the quaint studio is filled with



Aerial hammocks hang from the ceiling at CircuSoul Yoga. CircuSoul Yoga offers a variety of types of yoga, such as Hatha yoga. PHOTO BY MADI HOLMES

bright pictures and inspiring messages. CircuSoul Yoga is located at 4141 S. Tamiami Trail Sarasota and is open seven days a week. Although typically open from 9:00 a.m. to 8:30 p.m., the schedule changes

weekly, so be sure to check the website at www.circusoul.com.



Rating: 4.5/5 Torches

Sixth-grader chases his goals

by Cate Alvaro

Using his head on both the field and at school, sixth-grader Daniel Brokate plays center and attacking midfielder for FC Sarasota soccer. Staying loyal to his team, Brokate has played competitively for four years.

At just 8 years old, he began playing soccer because of his family's culture. Brokate is from Columbia, a country in South America where soccer is very popular. His father, brother and sister all play soccer, and so he was inspired to play the sport as well.

"My favorite thing about playing soccer is that you don't have to think about anything... It's an easy way to get away from the stress," Brokate said.

FC Sarasota soccer practice occurs Tuesdays, Wednesdays and Fridays from 6 p.m. to 7:30 p.m. Practices commence with warm-ups, where the coaches focus on cleaning up technique. After these exercises, the coaches show tactical strategies and different formations. On his team, Brokate's position is center attacking midfielder, stealing the ball so his team may create plays and score goals. With his team, Brokate travels to competitions to play against other soccer teams in his age division.

During last year's first semester, Brokate played as a member of the FC Sarasota U13 team, or age 13 and younger, where the team won the Club

Director's League (CDL) competition. That year his team also won the Tampa Bay Showcase Tournament. Brokate was recently accepted at the IMG Soccer Academy, a sports training center in Bradenton with a high level of competition. In Bradenton, he practices three times a week and for home games on the weekends. Brokate also travels to other cities like Tampa to compete.

With this large time commitment, Brokate has gained time management skills. According to Brokate, sometimes it is difficult to balance lots of homework and practice.

Brokate's father, Federico Brokate said, "Although balancing schoolwork and a



Sixth-grader Daniel Brokate kneels with a medal in teeth and a trophy in hand. Brokate has played soccer since age 8. PHOTO PROVIDED BY OLGA BROKATE

competitive sport may seem difficult, and passion have allowed him to succeed in both."

Student does her max in 'lax'

by Naina Chauhan

Sprinting and dodging, fifth-grader Caroline Steinwachs darts through the field passing the ball until...score! For Steinwachs, this is just a typical moment on the field, playing lacrosse for three years.

Steinwachs first started playing in third grade on the Sarasota Seahawks team. She played three seasons there until she followed her coach to Ripcurl this year, after they left the Seahawks. On Ripcurl, Steinwachs has already played two seasons. Ripcurl is a girls' lacrosse club with elite travel teams as well as options for beginner's recreationally. Steinwachs currently plays on multiple levels, alternating from the U10, U12, and U14 divisions.

Steinwachs' close friend, seventh-grader Camille John-

son, introduced her to the sport, encouraging her to join. "Caroline is all-around, a very strong and talented player. On a day-to-day basis, she strives to be the best she can be. Every coach wants her mindset on their team," Johnson said.

Steinwachs plays two times a week for two hours with Ripcurl. At practice, before they begin playing, they participate in endurance running and drills. One drill involves passing the ball to one another through cones, followed by scrimmages—splitting into two groups to play lacrosse.

During the spring season, Steinwachs and her team play in weekly Saturday competitions against other teams affiliated with her lacrosse club. Steinwachs says that before competitions she likes to listen

to music and hang out with her teammates to calm her nerves. While playing, according to Steinwachs, she feels great because she's not only helping herself, but her teammates succeed in the game.

An integral component of lacrosse, Steinwachs takes teamwork very seriously, always making the extra effort so that all her teammates have an equal opportunity to play. She considers it her greatest strength in the game. "[Being on a team] makes you feel a part of something, and it's super fun," Steinwachs said.

Steinwachs plans on continuing lacrosse throughout middle and high school. Steinwachs said, "I love lacrosse. The sport itself is a lot fun. You have support from your team, yet it can also be independent."



Fifth-grader Caroline Steinwachs prepares to catch the ball. Steinwachs plays in the U10, U12, and U14 divisions. PHOTO PROVIDED BY CAROLINE STEINWACHS

Student is ready to 'tumble'

Fifth-grader thrives in competitive gymnastics

by Sana Rahman

Having taken part in gymnastics over the last four years, fifth-grader Lola Delbridge continues to elevate her performance month after month. Delbridge currently trains at Gator Tens for Life (GTFL) Athletics with the help of her coaches.

In efforts to find an activity that engaged her, Delbridge initially experimented with various sports. "I wasn't really doing anything active before and gymnastics really called to me," Delbridge said. Delbridge officially began gymnastics at the YMCA at the age of three, but then shortly stopped. Three years later, she picked gymnastics back up at Horizon's Gymnastic and Dance before going to where she is now—GTFL Athletics.

According to Delbridge, switching to GTFL Athletics not only meant better coaching and training, but also meant she had to dedicate more time and effort into

gymnastics. Each week, she attends practice three to four days for two hours. During these practices, Delbridge and her teammates practice in all four major gymnastic events: floor, beam, vault and bars. "It is very time consuming to learn everything and get the routines down," Delbridge said.

Over the last two years, she has begun to attend more meets and now, on average, attends 15 competitions per year. Out of all of her competitions, Delbridge said her best performance came at the 2016 Daytona Classic state meet where she received second place on the beam. "Beam is my favorite event because I like balancing and I think that it is more challenging for me at times," Delbridge said.

Aside from her time practicing in the gym, Delbridge has made sure to train elsewhere as well, including the one-week summer camp at Tampa Bay Turners gymnastic

center in Tampa this past June. "Besides training there, we got to hang out and go to the pool," Delbridge said, "Also because our gym right now is smaller, it was nice to be in a big gym."

Moving forward, Delbridge plans to continue to train and advance at her current gym. Currently, she is transitioning from single bars to the more advanced uneven bars, so that in the upcoming summer season she can compete in that event. The uneven bars are considered to be more difficult as it includes going from a low bar to a high bar, requiring advanced technique and more strength. "I would like to compete at bigger meets but I always try to put school first for me," Delbridge said.

"She always tries to help and constantly brings a positive attitude whenever we train," fourth-grader and fellow team member Olivia Jernigan said.



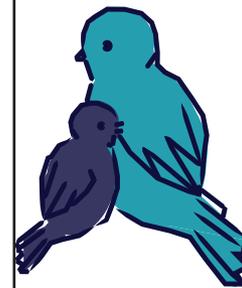
Fifth-grader Lola Delbridge hugs fourth-grader and team member Olivia Jernigan at the Fall State Meet. They train together at Gator Tens for Life Athletics.

PHOTO PROVIDED BY MISTY DELBRIDGE

Sixth-grade basketball team members

Tryouts for the middle school basketball team were held Nov. 6. Congratulations to the three sixth-grade students who made the middle school basketball teams!

Griffin Moricz Matthew Peavley Lexie McGrady



Weiss Pediatric Care

Robert Weiss, M.D., FAAP

Board Certified Pediatrician

2201 Cantu Court, Suite 117

Sarasota, FL 34232

Phone: 941-552-8341

Fax: 941-487-8025

contactus@weisscare.com

www.weisscare.com

CALL
TODAY
379.9100



MUSIC COMPOUND
Inspire Collaborate Educate

ASK
ABOUT
OUR VAN

Music Compound provides an environment to inspire, collaborate and educate children and adults in pursuit of their love of music.



GUITAR SAXOPHONE TRUMPET PIANO VOCAL VIOLIN UKULELE
1751 CATTLEMEN ROAD WWW.MUSICCOMPOUND.COM

[student submission]

The Mustang

by Anna Easter, grade 3

Neigh! Neigh! A Mustang or Equus Caballus is a very cool horse in many ways.

First, Mustangs have very cool characteristics. They can grow to be 30 to 69 inches long and can weigh 120 to 2,200 lbs WOW! Mustangs are very small compared to other horses. The weirdest thing is that Mustang's noses can smell water COOL! Mustangs' characteristic are one of a kind.

Next, Mustangs live in very cool places. They can live in woodlands, swamps, grasslands, and even deserts. They live everywhere in the wild! You can also find them in the western part of the United States like Utah. They live in Montana, Dakota, Mexico, and of course California. Mus-

tangs are everywhere.

Of course, they have a healthy diet. Mustangs feed mostly on grasses and plants. That means they are herbivores. Mustangs are prey which means they have predators. An example of a predator is a Grizzly Bear and a Grey Wolf.

Picture this, you have the ability to sleep standing up! Mustangs have survived for many years. Mustangs sometimes just run away from predators. Mustangs also bite or buck if necessary. They can also kick or rear if they are scared. The color of a Mustang is a great advantage because they can blend in with trees.

Next, a Mustang has an awesome life cycle. Horses are mammals and a Mustang is a horse so Mustangs give birth

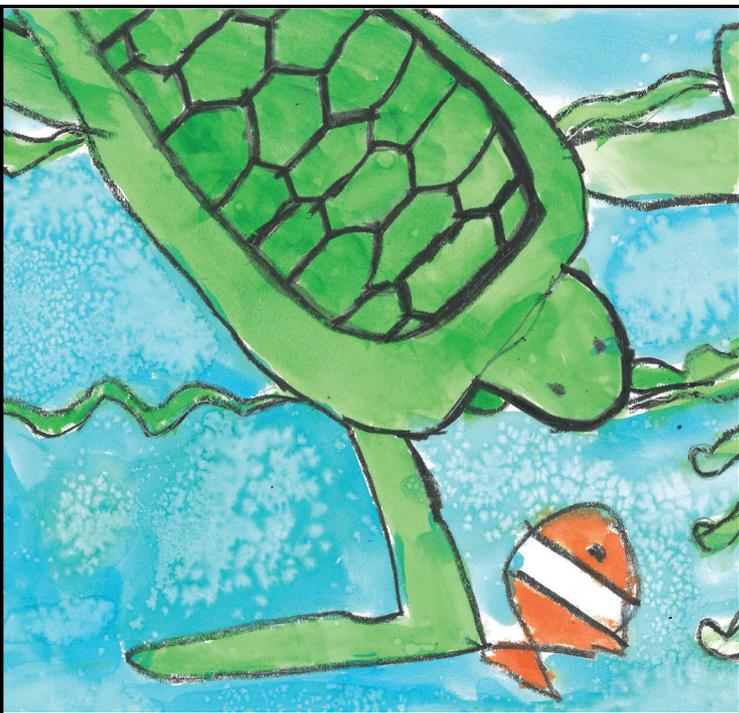
to live young. Mustangs start as a foal. Then they become a filly (girl) or a colt (boy). Next they are an adult. Finally, they are elderly. Mustangs can live to be 25 to 30 years old.

Finally, a Mustang had some other fun facts. did you know that the oldest horse is 62 years old? Another thing is that horses can run shortly after birth WOW! They also NEVER have leg or foot problems COOL! A Mustang is a Spanish name that means "stray animal." Mustangs are like pigs because they coat themselves in mud to stay cool.

In conclusion, Mustangs are cool and unique in their own special ways, and they are different than any other animal.



ART BY OLIVER TWAROWSKI, GRADE 2



ART BY KUMEN KRISTOFF, GRADE 2

The Florida Panther

by Julia Filosa, grade 3

Rrrrrr! The Florida Panther is awesome for many reasons! Its scientific name is Panthera Pardus.

Here are some of the Florida Panthers' amazing characteristics! The length of a Florida Panther is six to seven feet. That's almost as tall as my dad! I'm guessing that the Florida Panther is very big because it weighs is about 99 to 154 pounds. At the points of its shoulders, the Florida Panther's height is 24 to 28 inches. The Florida Panther's best features are its great sense of smell and its ability to jump 14.7 feet high!

The Florida Panther lives happily in the forests of Florida.

Its shelter is a den, where the female can have one to three babies when giving birth. The panther prefers warm weather, but can survive in the cold too.

This vicious animal is a carnivore. The diet of a panther is very unique. It only eats meat (which is considered delicious for a panther). This cat's preferred foods are deer, bunnies, and squirrels. To get its food, the Florida Panther will sneak up on its prey, leap at it, and ambush it. (Then, obviously, eat it!)

Even though the Florida Panther is a very dangerous predator, it still has predators itself! Its biggest predators are automobiles, humans, and other adult panthers. Its prey

can also be rats, armadillos, raccoons, and alligators. (Alligators? Impressive!)

The Florida Panther leaves its mother when it is about two and a half years old. Its defense is its large height of leaping. Its offense is its sharp teeth. Panthers are mammals so they are born awake. Since it is a mammal, it doesn't molt.

Panthers are nocturnal, so they hunt at night. They can live in a family or by themselves. Panthers don't hibernate and can be found only in the southern part of Florida. Surprisingly enough, the Florida Panther has a second name! The second name is the cougar. The Florida Panther really is amazing!

[student question submission]

What happened during the War of 1812?

Question submitted by fourth-grader Zinnia Kuipers



PHOTO BY TRICIA SAPUTERA

by Tricia Saputera

A crucial event in American history, the War of 1812 was the country's first declaration of war. The repercussions paved the way to the United States' status as a global power.

The War of 1812 began with a bang when the president of the United States at the time, James Madison, signed the official war declaration June 18, 1812. According to civilwar.org, this war had several root causes considering the many different conflicts between the United States and Britain, who were allied with Native Americans at the time. One cause was the American Revolution several years earlier, which left Britain sulking at the loss of a major territory. Since then,

Britain had made various attempts to reconquer the country, effectively sparking the war of 1812.

Thirty six years after the Declaration of Independence had been adopted, Britain was actively overlooking the legitimacy of the new country through methods such as forcibly drafting American sailors to serve in the British navy. American men who spoke openly and boldly on how the United States should declare war, such as Henry Clay and John C. Cal-

land and sea. According to history.com, the most pivotal was the burning of the White House on August 24, 1814. President Madison and his wife had already fled for safety, but not before saving a portrait of former president George Washington. Madison and his wife never lived in the White House again, but they were fortunate enough to be able to return to Washington D.C. only a couple days after the burning, as not too much damage was done.

While official peace terms state the war resulted in a tie, most agree that the United States reaped more benefits than Britain. The United States was able to take full control of their trade and become a more independent country. Britain lost their alliance with the Native Americans, but was able to build a tentative relationship with the United States.

Ending on March 23, 1815, the major outcome of the War of 1812 was the United States growing into a more respected country. Although this may not be a moment in American history remembered the most, it certainly had significant implications in the years to come, establishing a sense of national unity resonant to this day.

The repercussions paved the way to the United States' status as a global power.

houn, both influential figures in American government, came to be known as "war hawks." Ultimately, the voices of the roaring public combined with the voices of the war hawks pushed Congress and President Madison to declare war.

During the war, there were countless attacks on



GRAPHIC PROVIDED BY OLDPICZ

The War of 1812

E	N	D	V	A	F	W	B	A	E	D	C	T	G	W
J	X	O	P	C	N	D	M	M	A	Y	G	F	W	M
S	Q	P	N	H	B	Z	H	E	C	P	X	L	A	H
M	A	Y	L	N	L	C	B	R	E	Y	L	D	E	A
U	B	P	H	O	A	Y	M	I	R	K	I	Z	R	U
W	M	T	N	V	S	C	O	C	X	S	C	D	I	R
X	M	E	J	O	N	I	G	A	O	P	R	C	F	X
H	S	I	T	I	R	B	O	N	P	B	D	L	F	R
A	V	L	E	E	R	E	M	N	C	R	D	V	J	D
I	Z	C	T	I	P	O	T	G	Z	B	H	Q	D	D
W	T	S	X	F	C	U	R	L	G	G	W	H	S	A
E	S	K	B	Y	V	Y	Z	V	U	Q	O	O	H	G
W	I	Z	M	L	Y	L	K	Q	O	H	G	L	O	H
I	I	V	C	K	O	V	D	G	O	P	N	E	T	L
M	J	F	Z	X	X	H	W	F	K	S	B	K	T	M

AMERICAN
EXPLOSION

BRITISH
FIRE

CANNON
MADISON

Ready for (freaky) Friday?

by **Melissa Santoyo**

Fifth-grader Heckerson Ohno was not having a great day – as he was stuck in the body of his homeroom teacher! This inopportune development was the result of what can only be considered the greatest disaster of the year. In true “Freaky Friday” fashion, Ohno switched bodies with his favorite homeroom teacher, Melissa Drown, during his class’ monthly donut breakfast day.

The day’s downhill spiral started with an inconspicuous Boston Creme donut, the last pastry Ohno snatched off the box leaving the rest of his friends left without a treat. Drown had accidently forgotten a donut box back at the store, leaving half of her class hungry.

“I was stressed and I had the munchies,” Ohno said. “It was an act of weakness.” After eating it, Ohno was struck with a horrendous stomach ache, mysteriously at the same time Drown was. The two then underwent an odd mind meld, resulting in a body switch!

Ohno, having switched bodies with Drown, was forced to teach the entire classroom the first lesson of the unit in mathematics. Unfortunately, this unit involved variables. Variables were not Ohno’s strong suit, as made evident through his recent failure on his latest exam. Ohno is currently struggling with straight A’s and barely passing with a 99.99 in math.

It was supposed to be a regular Friday, full of adventure and the typical mischief.

Instead the class found themselves faced with an armada of calculations. Drown, however, tiny in the body of her student, was more than willing to step up to the task of teaching her class. Using a stepping stool to reach the active board, the rest of the day was spent amid equations.

The class, however, could not get over the fact that Ohno was teaching. “I was so confused. Was Heckerson supposed to be directing the math lesson?” fellow classmate, Waht I’sgoningon said.

Considering Drown could not reach most of the board despite the step ladder’s assistance, the math lessons were not successful. Students were left confused, mixing variables with vowels. “Are letters even supposed to be in math?”



Fifth-grader Heckerson Ohno struggles to teach as the new head of math class. Ohno and his teacher switched spots for a day, in every way.

GRAPHIC BY BEN NICHOLSON

I’sgoningon said. Thankfully, the math test for Monday was postponed after an unsuccessful morning spent attempting to explain why the letter x was not a typo.

When the clock struck

midnight, Drown and Ohno returned to their bodies; it appeared that the whole issue was a matter of karma. “To be fair, I really should have shared that last donut,” Ohno said. “After all, sharing is caring.”



Where does the snowman keep his money?

The snow bank!

GRAPHIC PROVIDED BY PINTREST

Holiday Joke Box

1. Why did the gingerbread man go to the doctor?
Because he was feeling crumby!
2. Why don’t aliens celebrate Christmas?
They don’t want to give away their presence!
3. What cars do elves drive?
Toy-otas!
4. What do you get from a cow in the North Pole?
Ice cream!
5. What would a reindeer do if it lost its tail?
Go to a re-tail store for a new one!

Walking in a winter 'wander'land

by Ella Hechlik

The North Pole was full of holiday joy as everyone scuttled around. It was Christmas Eve and preparations were in full swing. Unknown to the elves, a little lost boy named Wynn Tur for short, wandered the halls of Santa's workshop. Tur was on a family vacation to the North Pole, it was the last day of their adventure, and Turner wanted to go play in the snow. However, he wandered a bit too far and ended up in Santa's workshop.

There were toys of all kinds stacked to the ceiling. Down each hallway, elves hurried past him without even giving him a second glance,

as they continued with their work. Suddenly a big belly clothed in red appeared in the doorway. "My, my, I have never seen anything like this before in all my years!" Santa made his way up to Tur, whose jaw dropped. "Well, Wynn Tur," Santa said. "You wandered too far, so we best be getting you home soon." Tur was dumbfounded. Santa had a warm smile on his face, "Let's get you home," he said.

Soon enough, Turner was sitting on the passenger side of the sleigh, staring at 12 reindeer in front of him. As Santa grasped the reins, the sleigh jolted into the air. As the reindeer picked up their pace, the

North Pole faded farther into the distance. After just a few minutes in flight, he heard a bellow—Santa had tumbled out of the sleigh onto the soft new fallen snow. "Wynn! You can do it! The reindeer know what to do! I just need to find my boot," Santa assured Tur.

Tur quickly grasped the reins, as a tear rolled down his face. He was afraid, but he knew his moment to shine was now. Just as Santa promised, the sleigh continued to fly through the air at an impossible pace. But suddenly, the reindeer came to a stop. Tur looked around. He was on the roof of his own home. "We'll take it from here, Wynn. We need to go back and get



Wynn Tur explores the north pole, meeting Santa and his elves. On his way home goes on the ride of his life.

GRAPHIC BY MADI HOLMES

Santa," Rudolph said with a wink. "Thanks for getting us this far." And so, Tur hopped down from the sleigh, pulling himself through his bedroom

window. As Tur tucked himself in, he heard the clicking of hooves. In the distance, he thought he even heard a "Ho, Ho, Ho!"



Sixth-grader Hal U. Cination travels the halls with his new companion Mr. Sticky. Mr. Sticky depends on The Match to stay alive, and a journey out of the newsprint might prove to be a day of fun, or his very last one.

GRAPHIC BY LEO GORDON

Cartoon is 'life-size'

by Riley Board

Some say that The Match is a normal newspaper, but sixth-grader Hal U. Cination would have to disagree. While sitting in his classroom, Cination opened up a brand new copy of the paper straight to the humor section, and was shocked by what he saw.

There, flat on the page, was a cartoon figure with a circle for a head and sticks for arms and legs, but he was moving. In fact, he smiled and waved. Cination quickly took a step back, and then cautiously approached the newspaper again.

"Hi there, what's your name?" the stick figure asked, causing Cination to jump into the air.

"I'm Hal, who are you?" Cination asked, wondering if it was possible he was dreaming. "They call me Mr. Sticky, I want

to be your friend," the stick figure said.

With that, Mr. Sticky launched himself out of the newspaper, landing on the desk, somehow becoming a three-dimensional figure.

Cination considered the situation, and then accepted Mr. Sticky's offer with one condition: "Okay, I will be your friend, but you have to help me with my homework," he said.

Mr. Sticky agreed, and they got to work, blasting through Cination's math problems at a record pace. They finished two worksheets, read four chapters of a book and wrote an entire essay. "Wow, Mr. Sticky," he said. "Thank you so much for the help. I'll be right back; I'm going to get us some food from the cafeteria."

Cination picked up a slice of pizza for the two pals, but

upon returning, his new friend was missing. He heard a shout from the hallway and threw open the cafeteria door just in time to see Mr. Sticky running through screaming students. "Mr. Sticky, no!" Cination shouted, but it was too late. His friend fell to the bottom of the stairs.

"You have to put me back in The Match," Mr. Sticky said in a pained whisper, "It is the only way to save me."

Cination rushed back to the classroom, flipped to the humor section, and carefully laid his friend back onto the page, where he settled into a two-dimensional picture once again. "Thank you for everything, Mr. Sticky," Cination said.

If anyone tries to tell you that the Match is just a typical paper, remember Mr. Sticky.

Student 'drives' to help lives

by Manny Rea

Providing more than just a helping hand, fifth-grader Kendall Frochette presents a lasting impact benefiting those in need after the hurricanes of 2017. After Hurricane Harvey devastation, Frochette was concerned about how kids left with nothing would live normal lives again. She approached her former third-grade teacher Mini Abeysekera about starting an initiative called Kendall's Closet, involving the Pine View K-Kids Club, the elementary level of the Kiwanis Key Club.

Kendall's Closet is a donation drive through which gently-worn clothes can be sent to children in affected areas of Sarasota County. "It originally started as a garage sale I was going to have because I wanted to raise money for a new tablet," Frochette said. "I thought though, with all of the hurricanes hurting people at the time, I could use my old clothes for good."

Frochette first gave sets of her own clothes away into specially-crafted bags, to seem more welcoming to the recipients. She described her cause to a local Trader Joe's grocery store manager who donated reusable paper bags, which Frochette later decorated with pink or blue decorative tissue paper and a custom-colored Kendall's Closet logo.

Then, Frochette took the next step by spreading the word to other students who could help out. "Bringing it to school was perfect because everyone has clothes that they don't use anymore," Abeyse-



Fifth-grader Kendall Frochette poses with her specially-crafted bags donated by Trader Joes. She later designs the bags with her custom logo to give the package a personal touch.

PHOTO BY MANNY REA

Abeysekera said. Frochette presented the idea to K-Kids members and Jeanine Signorelli, the secretary for the local Siesta Key Kiwanis Club, who were excited to participate.

Run by Abeysekera, K-Kids meets every Wednesday from 8 a.m. to 9 a.m. and is dedicated to involving students in volunteer services at an early age. To help with their first project this year, Kendall's Closet, members began to pack bags that included gently-worn clothes and a pair of pajamas, clothing choices varying depending on if it was for a boy or girl. While not assigned to a specific child in need, the club members aimed to provide as many bags of clothes as possible. "I put some dresses, shirts, and pajamas in my own bag," third-grader Audrey Huang said.

While mainly being accomplished by K-Kids members, Frochette welcomes all Pine View students to participate. Bags and cover papers are currently available in the front office and finished bags can be dropped off at room 104 in the Building 1, the red building.

The project was also promoted in an episode of PVTV, Pine View's TV production. The short video helped to explain Frochette's project, how to donate clothes as well as help with coloring informational flyers. At the end of November, Frochette and her family drove to local fire stations in Sarasota and Fort Myers to drop off the bags to be distributed. "I hope it works out for the kids," Frochette said. "I want to make a change for people, just like us at Pine View."

[a column]

Find your real friends



Haleigh Brown,
Match Editor-in-Chief

Spending seven hours a day, five days a week, 180 days in the same place with the same people— this is school. School is a place where you meet people who alter your everyday life, especially at a place like Pine View, where we have the unique opportunity to truly grow up with people from second to twelfth grade. You spend the whole week with them and form friendships with some that are only fleeting, and with others that will last a lifetime.

Most importantly, as you grow, you will come to learn that quality trumps quantity.

Being here since the fourth grade, I have had the privilege of forming relationships with some individuals that have now lasted seven years. While some were for just a year or two, there are others that I know will go the distance.

The ones closest to you also don't have to be the ones you've known the longest, even though that may be the case sometimes. For instance, take my two best friends: I have known one for seven years, and the other for two. Despite the differences in the amount of time, I know that my life would never have been the same without them, nor would I want it to be. As you grow, it's important to be with the people that make you the happiest, the people that are going to help you grow into the person you want to be and with the people who bring out the best qualities in yourself.

As time passes and you make and lose friends, pay attention to the ones that are with you through the hard times, and the ones that only want to be there for the good. The concept of quality over quantity is one that is applicable to any situation in life. Would

As you grow, it's important to be with the people that make you the happiest

you rather have a batch of okay cookies, or three of the best cookies you've ever tasted? Would you rather a huge group of people that you couldn't tell anything to, or a group of four people that you could tell anything and everything?

It's a difficult lesson to learn, but I promise, if you do, it's one you can carry throughout your whole life.