



THE MATCH

Pine View School • 1 Python Path • Osprey, FL, 34229 • (941) 486-2001

Sub Zero brings science to life

[News pg. 7]



PHOTO BY ANNA LABINER

Learn to love with language
pg. 6 [News]

Take a walk on the wild side
pg. 16-17 [Sports Review]

Student becomes the master
pg. 23 [Humor]

THE MATCH

Match Staff:

Editor-in-Chief

Elizabeth Hopkins*

Asst. Editor-in-Chief

Naina Chauhan, Leo Gordon

Layout Artists

Grace Johnson, Sid Sharma

Graphics Editor

Brianna Nelson

Torch Staff:

Editor-in-Chief Melissa Santoyo*

Asst. Editors-in-Chief Haleigh Brown*, William Khabbaz*

Copy Editors Cate Alvaro*

Web Editor Ella Hechlik*

Managing Editor Manny Rea*

News Editor Tricia Saputera, Odelia Tiatyama

Asst. News Editors Joanna Malvas, Clyde Morgan

Sci-Tech Editor Ben Gordon

Entertainment Editor Gwyn Petersen

Asst. Entertainment Editor Peyton Harris

Features Editor Anna Labiner

Sports Editor Kasumi Wade

Asst. Sports Editor Alex Roumi

Humor Editor Olivia Hansen

Asst. Humor Editor Frankie Grasso-Clay

Opinion Editor Brianna Nelson*

Asst. Opinion Editor Zoey Merritt*

Focus Editor Nathalie Bencie*

Photo Editor Anna Labiner

Graphics Editor Brianna Nelson*

Business Manager Manny Rea*

Asst. Web Editor Madi Holmes

Web Section Editors Lucy Collins, Isabella Gaskill

Adviser Christopher Lenerz

Principal Dr. Stephen Covert

*Denotes member of editorial board.

The Match covers topics, issues, events and opinions of relevance to students grades two through six. The Match is published five times a year by Pine View School and maintains membership in the Florida Scholastic Press Association. Press run is 900 copies. Copies are provided free of charge to students, faculty and staff. All content is subject to prior approval by administration.

Letters and guest writing. The Match welcomes reader reactions to published content in the form of letters to the editor, art, narrative writing, etc... Submit content to elizabeth.hopkins@pineviewtorch.com. Letters should be less than 300 words and contain the author's name and grade, although the author may request anonymity. Submissions may be edited for authenticity, grammar, clarity and length.

Reader input. Submit story ideas, comments and questions to the editor of the publish. Address general comments and questions to the Editor-in-Chief at elizabeth.hopkins@pineviewtorch.com.

Advertisements and subscriptions. To place an advertisement or purchase a subscription, email manny.rea@pineviewtorch.com. The Match reserves the right to refuse any advertisement.

FRONT PAGE: Fifth-graders Bryn Famiglio and Gwendolyn D'Souza enjoy their ice cream made with liquid nitrogen while learning about the changing states of matter with Sub Zero employees. PHOTO BY ANNA LABINER

RIGHT: Dr. Stephen Covert and Mr. Lenny Gross exchange laughs as they participate in a match of "Egg Russian Roulette" at the Doggone Read-A-Thon awards ceremony. In total, the event raised over \$24,000. PHOTO BY GWYN PETERSEN



news

[p.4]

Pine View greets new teachers

[p.5]

Civility Squad

Awareness campaign launched to encourage the key principles of civility.

[p.6]

Love languages

Initiative is put in motion to create a safe and conflict-free school environment by taking students in-depth with the five love languages.

[p.7]

Briefs

entertainment

[p.8-9]

Munching and Brunching

The Match reviews three brunch hot-spots not too far from home.

[p.10]

Student multitasks to the max

[p.11]

DIY friendship bracelets

The Match has prepared a variety of friendship bracelets that you and your best friends can make to show off your special bond.

features

[p.12 & 13]

Around the world

Over the summer, students make unforgettable memories abroad.

[cont.entertainment]

[p.14]

Brothers 'cover' the basics

Brother trio covers pop songs, gains impressive following.

sports

[p.15]

It takes twins to win



sports

[p.16]

Take a walk on the wild side

Adventure is just around the corner with Sarasota's own exciting athletic venues from zip-lining to obstacle courses.

[p.18]

Student pulls no punches

A sportsman of all sorts Sixth-grader Josh Woody does it all, as he devotes time out of his week to both soccer and golf.

sports

[p.19]

Fourth-grader 'flips' out Fifth-grader Emma Morris shows off her gymnastic talent through participating in the competition circuit.

student corner

[p.20]

Student submissions

[p.21]

How do birds fly?

humor

[p.22]

Student goes out of this world

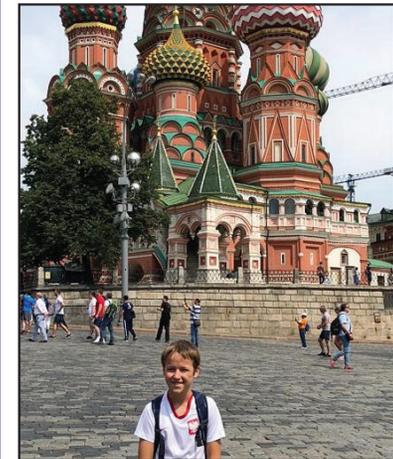
What costume are you?

[p.23]

Student becomes the master

New sports team 'rocks' it

The Pine View rock-paper-scissors team makes it to international competition.



focus

[p.24]

Self-taught: art from the heart

One step at a time

TOP: Fourth-grader Leon Jarczyński poses in front of the Church of the Savior on Blood in Russia during his summer trip.

PHOTO PROVIDED BY VERENA JARCZYŃSKI

BOTTOM: The Interval941 brothers pose for a photo together. The Manzano brothers have amassed over 100,000 subscribers on YouTube.

PHOTO PROVIDED BY DANIEL MANZANO

Pine View greets new teachers

As the school year begins, there are many new faces around campus. While it's important to greet new students, it's essential to become familiar with the new educators impacting the Pine View community through their teaching strategies and future plans. Read about Marie Rosander, a new third-grade teacher. To meet the new sixth-grader teacher Dr. Dylan Bell, scan the QR code to the right.



Marie Rosander

by Manny Rea

Due to the departure of longtime elementary teacher Suzie Shea, new third-grade teacher Marie Rosander has joined the Pine View community, looking to instill a "tradition of excellence" in her students.

Originally from Sweden, Rosander lived in the city of Dubai in the United Arab Emirates from 1994 to 2000, teaching at a Swedish school with her three children, all of whom attended the same school. Rosander earned her teaching degree at the University of Stockholm. The family moved back to Sweden, but in 2006, they moved to Sarasota because she said they missed the sun and sand they once had in Dubai.

Rosander began her Sarasota career as a substitute teacher at Lakeview Elementary School before substituting at Pine View in 2007 for third, fourth and fifth grade students.

Last year, Rosander saw that Pine View was searching for a new teacher after Shea's retirement. "I saw that there

was an opening and was instantly attracted to it," she said.

All three of her children attended Pine View, including Maxine Rosander, who graduated from Pine View last school year.

"I knew a lot as a parent about events and traditions and now, as a teacher, it's a different perspective."

**Marie Rosander,
Third-grade teacher**

Now as a teacher, Rosander sees both sides of being part of the Pine View community. "I knew a lot as a parent about events and traditions and now, as a teacher, it's a different perspective," Rosander said.

Rosander also has the opportunity to teach in new ways with her digital classroom. As part of the Sarasota Technology Trailblazer Program, an educational tech-

nology program by Sarasota County schools, Rosander incorporates Microsoft Surface 3 tablets into her class for the design, adaptation and implementation of innovative and effective instruction and learning of students. She collaborates with fifth-grade teacher Stephanie White and chorus teacher Seth Gardner, who are also part of the Trailblazer program. "Technology use allows many more students to be actively thinking about information, making choices, and executing skills than is typical in teacher-led lessons," Rosander said.

"I like using the computers and all the technology," third-grader Dylan Grantham in Rosander's class said. "It makes learning fun."

Rosander has greatly enjoyed working with her new students. "My students are very independent, and have many opportunities to enrich their learning. Between field trips and the chance to go to the library by themselves, they are motivated to learn, especially since they are so young."



Marie Rosander explains her lesson further to three students. The active board behind her is one of her favorite tools to use while teaching. PHOTO BY LUCY COLLINS GRAPHIC BY NAINA CHAUHAN

Fun Facts

- When Mrs. Rosander lived in Dubai, she owned a coffee shop.
- Mrs. Rosander's favorite color is blue.
- Mrs. Rosander's favorite animal is a manatee.

Civility initiative introduced

by Joana Malvas

Civility Squad, a new awareness campaign spearheaded by the Gulf Coast Community Foundation, is being implemented into Sarasota County Public Schools, like Pine View, to encourage good deeds and respect for others. The program was implemented into local businesses from 2007 to 2010, but is currently being brought back to district schools in order to spread civility.

The Gulf Coast Community Foundation, sponsor of the initiative, previously initiated the civility program 10 years ago under the name "Because it Matters." Greg Luberecki,

the Director of Communications and Public Relations at the Gulf Coast Community Foundation, explained that the "Because it Matters" initiative began to increase community inter-connection.

Now, the foundation has decided to bring back the campaign due to a divisive political climate. This time, they have reached out to the Sarasota School Board to focus on public schools. Assistant Superintendent Dr. Laura Kingsley explained that each school will be provided with the tools needed to push the initiative.

The Civility Squad consists of 10 cartoon characters that each represent a principle,

such as "Speak Kindly" and "Respect Others." Each character was uniquely designed by Ringling College's art students, but the principles originated from P.M. Forni's "Choosing Civility: The Twenty-Five Rules of Considerable Conduct," which was condensed to 10 integral principles.

On campus, Assistant Principal Alison Rini and Guidance Counselor Kate McManus have integrated the Civility Squad into the Pine View community through the distribution of friendly, vibrant visuals. Each classroom received a poster, and elementary teachers also received

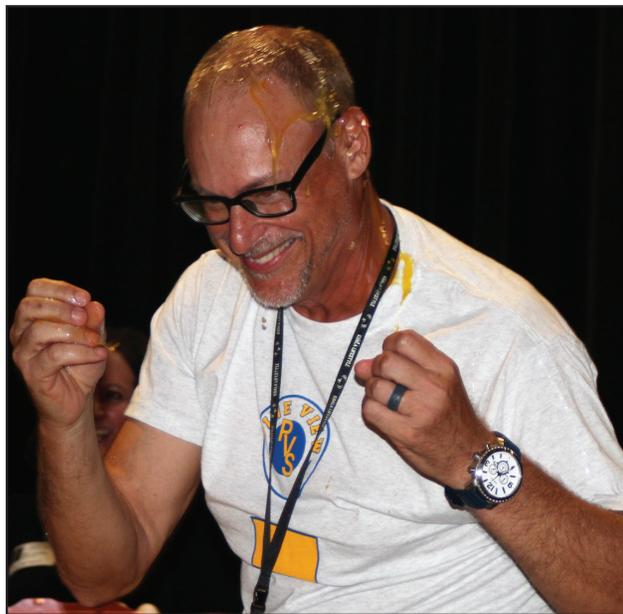


Second-grade students Gadsden Lee and Suyi Yao view Civility Squad stickers. Civility Squad, a district-wide initiative, promotes polite behavior among students. PHOTO BY JOANNA MALVAS

stickers and card packs.

Luberecki personally notices the impact of Civility Squad within his own daughter, a sixth-grade student at

Pine View. "To see [those messages] in action in my own family, I can see the benefits possible for every student in the school," Luberecki said.



Mr. Lenny taking the stage at the Doggone Readathon awards ceremony October 5th. Mr. Lenny Gross smashed an egg on his head as he participated in an "Egg Russian Roulette" match to celebrate the reaching of fundraising goals in this year's Doggone Read-A-Thon.

PHOTO BY GWYN PETERSEN

Readathon promotes literacy

By Leo Gordon

Adding a new tradition to its calendar, the Pine View Association held its first annual Doggone Read-A-Thon event this past September.

The dog-themed event, chaired by Pine View Association member Amy Lenhart, raised over \$24,000 to support teachers, clubs and organizations on campus. "I joined the PVA Board last year and wondered how I could raise funds for Pine View while also having fun and encouraging kids to read. I thought a Read-A-Thon was the perfect solution," Lenhart said.

Nearly all 500 Pine View Elementary students took part in the event, which took place from Sept. 10 to Sept. 21 and culminated in an awards ceremony Oct. 5.

Similar to how Peramathon is organized, after receiving personal reading logs for the event, participants of the Book-A-Thon collected pledges from friends and family members who later provided funds depending on the student's total number of minutes read.

The event ended with an awards ceremony Oct. 5, in which prizes were awarded to top readers in each class, grade and overall, as well as to top fundraisers. Prizes included a variety of slimes, Amazon Echo Dots, Beats headphones and lunch with Dr. Covert.

Because fundraising goals were met, Dr. Covert and Mr. Lenny took part in an "Egg Russian Roulette" match at the awards ceremony.

The two took turns smashing hard-boiled and

raw eggs against their heads in a randomly selective manner.

At the ceremony, top reader Yatharth Kakkad, third-grade, with 3,284 minutes read, and top fundraiser Alex Thompson, fourth-grade, with \$1,395 raised, were honored with various prizes, like lunch with Dr. Covert and Beats wireless headphones.

"I think this was such a perfect event for our student population because our kids love to read," Elementary Assistant Principal Alison Rini said, "There isn't a kid here who doesn't know their favorite book."

The Pine View Association hopes to sponsor the event annually, eventually integrating middle and possibly high school students into the event.

Learn to love with language

To create a more connected and safe community, a new program highlights love languages.

By Naina Chauhan

This school year, Pine View introduced a new language for elementary students — love languages. Guidance counselor Kate McManus has introduced a new program called The Five Love Languages to elementary schoolers in hopes of creating a safe and conflict-free school environment. This initiative is inspired by a book, called “Discovering the Five Love Languages at School” by Gary Chapman.

The five love languages are: words of affirmation, quality time, acts of service, receiving gifts and safe touch, or hugs. Words of affirmation

are genuine spoken or written statements that serve to encourage or uplift the receiver. Quality time means giving somebody your undivided attention and showing them that you care about what they have to say. Acts of service are any form of favors that help lift a burden from the recipient. Receiving gifts is a way to show affection through giving gifts. Finally, safe touch, or hugs, is the process of comforting through physical means.

Fourth-grader Dylan Lopez said, “My favorite love language is words of affirmation because it makes you feel good and confident and it helps to make a bond between me

and the person who told me.”

The love language program was comprised of five sessions over a five-week period, each one featuring a presentation on a specific language. The program went from late August to late September. Each

“My favorite love language is words of affirmation because it makes you feel good and confident...”

**Dylan Lopez,
Grade 4**

session was around 40 to 45 minutes and is usually held in the auditorium. Second- and third-grade sessions were held separately, but fourth and fifth graders were grouped together.

During each session, there was an informative PowerPoint and then discussion, reflecting on the presentation. According to McManus, each person has their own love language, or the love language they respond best to. Activities, like a mock game show, allowed students to learn more about themselves, discovering their love language in the process. Through this interactive



Third-graders Oliver Mankovich, Stove Sastry, Kian Manzano, Amina Matheu and Cecelia Agrawal identify most with receiving gifts, one of the five love languages. During this classroom activity, students reflected on this new part of the elementary curriculum. PHOTO BY KASUMI WADE

approach, some students volunteered as hosts, while their counterparts answer questions to try to determine their love language.

The sessions should also help students to know how to recognize the love languages of their peers, so they can interact in a conflict-free manner. McManus said that by understanding the love languages, students will be able to communicate and form relationships much more easily, leading to less conflict at school and even in society as a whole.

“Love is an action word. I try to stress that to the students so they understand this is not a romantic form of love but actually doing a genuine act for someone else,” McManus said.

Additionally, McManus understands the diversity and complexity of Pine View stu-

dents, and she finds it crucial that kids who will potentially be going to school together for as long as 11 years are able to communicate with each other in an open manner.

An extremely important impetus to the program was the violence that has been occurring in schools across the nation. “What really made us want this curriculum was hearing about all the violence in schools. It made me realize that we really need to learn to connect with each other, and everybody deserves a person who they connect with,” McManus said.

McManus hopes to continue the program next year, only teaching second graders, so that eventually the entire school will have experienced education in the various love languages and be able to skillfully interact with their peers.



Students engaged in a discussion during a love language presentation. Spearheaded by guidance counselor Kate McManus, she hopes this program will reduce conflict among students. PHOTO BY KASUMI WADE

Oct. 31
Fall Parade

Nov. 9
Peramathon

Nov. 15
Ms. Barber's
birthday

Nov. 18
Mr. Gardner's
birthday

Nov. 21
Mrs. Greig's
birthday

October and November Events and Teacher Birthdays



Fifth-grader Shivom Pandey and his father Saurabh Pandey eat lunch together during Take Your Dad to School Week. This county-wide initiative encourages fatherly involvement in their children's education. PHOTO BY MADI HOLMES



Second-grade teacher Kelly Cookerly helps student Sullivan Christ with his handprint. Cookerly's class created this custom American flag during Freedom Week, designed to raise awareness of our country's origins. PHOTO BY GRACE JOHNSON

IN BRIEF

New care program implemented

by **Brianna Nelson**

As part of an on-campus push for increased security for students, Pine View has partnered with the YMCA to introduce a new before and after school care program on campus. The program, established for second-through eighth-grade students, is available before school for students arriving before 8:45 a.m. and for students who stay until 6 p.m.

After giving a survey to Pine View families last year, one of the most requested services was found to be a dedicated before and after school care program for younger students. To remedy this need, Pine View partnered with the YMCA to form this program.

Due to the need for various resources, such as computers, staff and activities, families are asked to pay a \$50 registration fee as well as a \$5 daily fee. However, for parents who cannot afford the price, scholarships are available through the YMCA.

YMCA staffers help students with homework, as well as play games and socialize with them. In the future, however, the YMCA would like to expand the program with pastimes including martial arts instruction, kickball games, and more.

"We feel we are serving our kids and serving our parents better this way," Elementary Assistant Principal Alison Rini said.

Sub Zero brings science to life

by **Isabella Gaskill**

Fifth-grade teacher Rachel Lenerz employed a "cool" method to teach her students about the three states of matter in an unforgettable way. Working in partnership with Sub Zero Nitrogen Ice Cream, Lenerz engaged her class through the interactive demonstration Sep. 28.

According to Lenerz, through displaying and explaining their famous nitrogen-freezing process, Sub Zero was able to facilitate the students' understanding of the states of matter.

Lenerz discovered this demonstration on EdExploreSRQ's website, a founda-

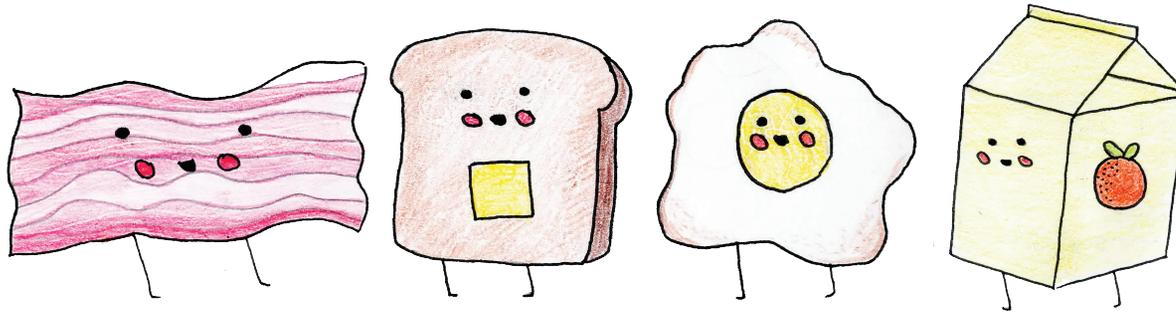
tion that serves as a resource for teachers to find hands-on learning experiences for their students.

"I really like to make science come alive for the kids," Lenerz said. She also believes in the value of exposing students to influences outside of Pine View. "I like involving our community. I grew up here, so I know how willing businesses are to get involved," Lenerz said.

The students watched the demonstration in awe. "It was really cool how they made it so quickly with only cream with a bit of vanilla extract," fifth-grader Kennedy Guy said. "It was just really cool."

[a review]

Munching and Brunching



GRAPHIC BY LEO GORDON

From avocado toast to a stack of good old-fashioned pancakes, there's nothing like breakfast to fuel up your day. Take a bite into some of Sarasota's most well-known breakfast spots with The Match!

Sun Garden Cafe

by Peyton Harris

For nearly a decade, the Sun Garden Cafe on Siesta Key has been a popular eatery pleasing tourists and Sarasota locals alike. The owner, Rick Munroe, who previously owned Munroe's Fine Dining, opened the Sun Garden Cafe because he wanted to oversee a more relaxed dining environment. True to his mission, this 115-seat cafe boasts a cheerful atmosphere inside and out.

If you choose to eat inside, you will be greeted by brightly colored seats, the pleasant sound of rock and roll music and a wall covered entirely with Life Magazine ads from the 1940s, a sure conversation starter. Outside seating is dog-friendly and beside a garden with metal gates and

bright green bushes inviting you to sit. Manager Kim Barde described the ambiance as "funky and groovy." The rest of the 16-member staff are equally friendly and inviting, eager to assist you with any possible questions throughout your dining experience.

Sun Garden Cafe offers a wide range of breakfast and lunch options which are sure to please. The cafe offers classic breakfast foods like their garden omelets and breakfast sandwiches.

The lunch menu consists of fresh salads, paninis and sandwiches filled with unexpected but perfect combinations of fresh ingredients. Burgers and the "native favorites," favorite dishes among the Siesta locals, including Gringo's Burrito; Bohemian Rhapsody

a breakfast poutine; and Mississippi Queen a plate of fried chicken and waffles with a tangy mango habanero sauce. All dishes are moderately priced, ranging from \$4.50 for soup to \$16.95 for a Whole Lotta Love burger. Some of the most popular dishes are the Adluh Mills Pancake with flour specially milled in South Carolina, the Salmon Spa Plate a blackened salmon fillet with watermelon, as well as Ashley's Avocado Toast a hearty helping of avocado on a thick slice of whole grain bread.

With local charm, an incredible array of options and delicious taste, it's no wonder Sun Garden Cafe has won Food Network's title of Sarasota's "Best Breakfast," "Best Lunch," and "Best Outdoor



The Sun Garden Cafe's outdoor seating area. Offering a variety of breakfast and lunch options like the whole lotta love burger, the restaurant also won Food Network's award for Sarasota's Best Breakfast. PHOTO BY PEYTON HARRIS

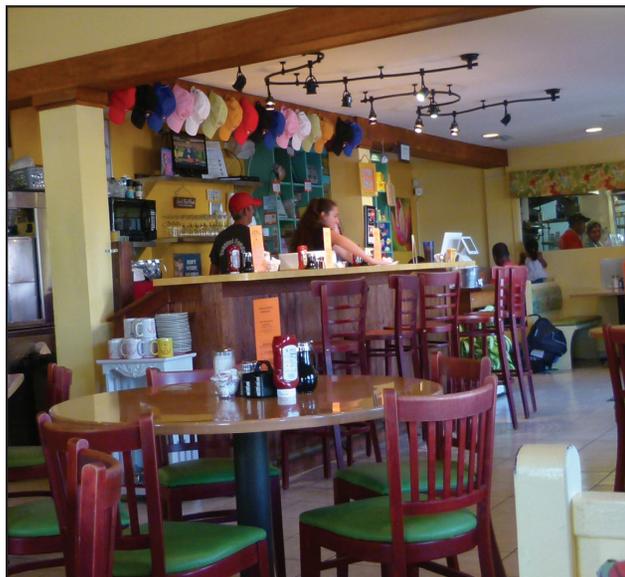
Dining" awards, not to mention earning a 4.5-star review on TripAdvisor.

The cafe is located on Siesta Key just off Avenida Madera, and is open from 7:30

a.m. to 2:30 p.m. daily.



Rating: 5/5 Torches



The front bar at the Toasted Mango Cafe. Offering breakfast all day and giving a cozy and relaxed vibe, the cafe has a location in Downtown Sarasota and on south Siesta Key. PHOTO BY KASUMI WADE

Toasted Mango Cafe

by Kasumi Wade

Exuding a comfortable, intimate vibe, Toasted Mango Cafe has been a go-to spot in Sarasota since 2011. The welcoming atmosphere and vibrant staff create a remarkable breakfast and lunch experience.

The cafe opened their first location downtown, and due to its success, opened a second location on south Siesta Key in August of 2015. The downtown location also offers The Frozen Mango, which is attached to the restaurant and offers delicious frozen treats, unique smoothies, and fun gifts.

At Toasted Mango Cafe, although crowded, customers are able to enjoy an extraordinary dining experience that

includes fresh, tasty food, as well as a clean restaurant with a friendly staff equipped to answer any and all questions diners may have. Additionally, Toasted Mango Cafe provides a dog-friendly outdoor dining area, along with a well-decorated indoor space. The interior has cheery, yellow walls, wood tables, floral curtains and matching floral patterned booths. There is also a countered bar area covered with amusing quotes on the wall that are sure to elicit a chuckle: "It takes two to mango!"

All cravings are met at Toasted Mango Cafe, serving breakfast and lunch all day long. Their menu offers many unique options such as the Sarasota BLT. This dish offers

a welcome addition of avocado on a classic sandwich.

The options at Toasted Mango are very affordable, as all meal choices range in price from \$7.99 to \$13.90. Seasonally, the cafe will be open for dinner on Thursday, Saturday, and Sunday from 5:30 to 9:30 p.m. The dinner menu includes prime rib, crispy duck, and many more delicious options.

430 N Tamiami Trail, Sarasota, FL 34236 and 6621 Midnight Pass Rd, Sarasota FL 34242. Sunday to Saturday 7:00 a.m. to 3:00 p.m.



Rating: 4.5/5 Torches

Keke's Breakfast Cafe

by Tricia Saputera

Deliciously revamping familiar, homestyle bites, Keke's Breakfast Cafe makes it an absolute pleasure to eat the most important meal of the day. With a variety of unique breakfast options from the Banana Split Waffle to the Portabella Panini, Keke's has an item on the menu for everyone, serving breakfast all day, as well as lunch after 10:30 a.m.

With the diner's large portions, the price of its menu items is very reasonable — just \$5.99 for the classic Belgian Waffle and \$8.49 for the Apple-Cinnamon French Toast. There is also a kid's menu available for both breakfast and lunch, making the restaurant suitable for the whole family. For breakfast, Keke's serves

a variety of waffles, pancakes, French toast, omelets, poached egg meals, and finally, the Create Your Own Combo. As the most popular item, the Create Your Own Combo, allows customers to start with one or two pancakes, two French toast, or a waffle, and then build their combo by adding side dishes such as eggs, home fries, toast, bacon, sausage, and more.

Additionally, putting their own twist on a breakfast staple, Keke's offers several combinations of toppings to add a twist to the traditional omelet. The Hawaiian omelet is a unique alternative, with diced pineapple delightfully complementing ham in the omelet.

With paintings of breakfast foods like eggs and bacon placed throughout the restau-

rant, Keke's offers a relaxed, homey feel, while giving off a vibe that makes you want to eat there every morning.

Although being fairly new, open only since February of 2017, this location is often packed with hungry patrons. Bob Hansbrough, the owner, is hoping to open another Keke's in Sarasota soon. "We're a lot more than just a sit-down restaurant," Hansbrough said. "We want to really give them good quality, we want to give them really good service, and we want it to be a clean atmosphere."

In this, Hansbrough undoubtedly succeeds. Perfectly balancing a not-so-standard culinary repertoire with cozy, local charm, Keke's mission statement, that the diner is



The Hawaiian Omelette, a popular menu item at Keke's Breakfast Cafe. The cafe, located on Clark Road, offers its patrons breakfast all day. PHOTO BY TRICIA SAPUTERA

"like your hometown diner grew up and went to the city," rings true.

The restaurant is located at 3456 Clark Road, Sarasota, Fla., 34231. They are open daily

from 7 a.m. to 2:30 p.m.



Rating: 5/5 Torches

Student multitasks to the max

by Ella Hechlik

Fourth-grader Jettson Goberville is a jack of all trades. From sports to art to computers, he does it all.

Goberville is a one of a kind kid, and it shows through all that he does. Goberville's sport of choice is lacrosse, and he has been playing for several months with the Sarasota Sea Hawks. He practices twice a week, on Wednesdays and Saturdays after school. Goberville admits that although he isn't the biggest fan of running, his favorite part would have to be the feeling of catching the ball for his team.

Another sport that Goberville participates in solo is parkour. Most of the

time, he practices parkour by himself. Goberville's favorite thing about it is that it seems really difficult, but with practice, it can be easier. "It makes you feel better, that you can do these cool moves," he said.

Goberville was inspired to start parkour because he could practice anywhere and knew he could build on his skills each time he practiced.

Additionally, Goberville has been interested in crafts and basic engineering for the past few years. It all started when he noticed that his paper airplanes were not flying well. "I noticed that they would wobble, and not go very far," Goberville said.

To fix this, he began researching paper airplanes

and the best methods for distance flying. "I finally decided on using copper wire for the skeleton and covering it with paper to make it stronger," he said. He also has experimented with tin foil weights on the wings. Goberville compares this to origami, a traditional paper folding technique, yet mentions it is a lot more durable than just folding paper.

A man of many talents, Goberville will continue to look ahead and practice each of his extra curriculums in the future.

"Jettson is a renaissance man in the truest sense. He is fascinated by all things related to science and is always trying to figure out how things work," fourth-grade



Fourth-grader Jettson Goberville, center, plays in a lacrosse match. Goberville has been partaking in lacrosse for several months, but also participates in parkour, crafts and engineering. PHOTO PROVIDED BY DAVID GOBERVILLE

teacher Eduardo Maron said, "Jettson is also a very talented artist and he brings history to life on a weekly basis with colorful artwork represent-

ing significant moments and people in Florida history. He truly is a bright and curious student with a passion for learning."

HARRIS LAW PA

DAVID HUGHES HARRIS ESQ

YOUR DAVID FOR YOUR GOLIATH®™

PERSONAL INJURY ATTORNEY | TRIAL LAWYER

CIVIL LITIGATION • CONSUMER JUSTICE

MEMBER OF THE BAR FL, PA, NJ, DC

871 VENETIA BAY BLVD SUITE 223
VENICE, FLORIDA 34285



OFFICE: 941-404-3001

WEB: HARRIS.LAWYER

EMAIL: DAVID@HARRIS.LAWYER

'Knot' your average friends

by Elizabeth Hopkins

Friendship bracelets are a great way to show your friends how much they mean to you. Traditionally, friends present these homemade tokens of friendship to each other as gifts. So, with the resources The Match provides here, why 'knot' make your own friendship bracelets?

Supplies:

Choose 3 to 4 colors of embroidery floss, which can be found at any craft store.

Each color should be cut to the length of 3 to 4 arm lengths.

Safety pins

The Knot:

Step 1: Gather all of your strings together.



Fourth-grade students Ezra Lerario and Faye Klutke show off their bracelets. Ezra models The Braid, while Faye shows off The Knot. PHOTO BY GRACE JOHNSON

Step 2: Find the middle of the strings and fold in half. Tie a knot to make a loop.

Step 3: Make sure your loop is big enough for your strings to go back through later. This is the loop you'll send your strings back through to tie it onto your wrist when you're finished.

Step 4: Use a safety pin to hook the loop. Fasten the safety pin to a stable surface.

Step 5: Time to knot! Gather all but one of your strings

together in one hand.

Keep one string off to the side. First, create a loop with your string off to the left side. Then, pull your string end through the loop, fastening it tightly. After, holding all of the other strings taught, pull the single string upward until your knot reaches the top.

Step 6: Repeat Step 5 until your bracelet reaches your desired length.

Step 7: After you've finished this process, tie a knot at the end (using all of the strings). Leave a few inches of string at the end and cut off the excess.

Step 8: Remove the bracelet from the safety pin. Gather up the remaining strings and tie together into a knot. Now, after all that looping, you've created a unique art piece that's all your own — show it off!

The Braid

Step 1: Choose three colors of embroidery floss. For each color, cut a length of string about 1 arm's length long. Pro tip: if you are going for a "blended" look, use colors that are of similar tones for example, choose peach, light pink, rose pink.
Step 2: Gather all of your



Students help each other put on their handmade bracelets. This is a fun activity you can do with your friends to show them how much you care. PHOTO BY GRACE JOHNSON

strings together and tie a knot at one end, leaving a few inches of string at the end. You'll use the excess string to tie your bracelet on your wrist when you're finished braiding.

Step 3: Again, slip a safety pin through your start knot and pin it to a secure surface.

Step 4: Now, just braid in the same way you usually would! First, spread each of your strings apart; you can use a couple strings in each section. Between three sections, the pattern goes like so: string 3 crosses over string 2, string 1 crosses over string 3, then string 2 crosses over string 1. Remember, grip the strings

tightly as you braid for a polished finish.

Step 5: Repeat Step 4 until you've reached your desired length.

Step 6: When you're finished braiding, tie a knot at the end. Be sure to leave a few inches of string left after the knot, so you can secure it to your wrist.

Step 7: The length of your braid should perfectly wrap around your wrist two or three times. Using the loose strings that you've left at each end of your bracelet, tie a knot to keep it in place on your wrist. why not make a couple for each of your friends?

Around the world...

by Elizabeth Hopkins

Last summer saw students embarking on unforgettable adventures outside the country. Whether diving into new cultures or discovering their roots, Pythons created memories and enjoyed global experiences. Here, students reflect on favorite details and reminisce about their travels.

Dylan Lopez, grade 4, Spain

What was your memory from Spain?

The castle. It was really big. My favorite part was when people showed us the bows and arrows. There were different types, there was one where you put fire in it.



Nicole Schutze, grade 5, Colombia

What was your favorite memory?

My favorite memory was riding horses with my mom, dad, uncle, and basically my entire family. We also explored the mountains, and I went on a sky tram and made a fire, all for the first time.



What will you miss most?

I will miss all the times me and my family spent together.

Ilan Velazquez, grade 5, Brazil

What was your favorite memory with your family?

We went to an island and surfed with them. I've surfed for about a year. There was also a roller coaster there. It started from the mountain and went down. The island had a zip line too.



Amelia Zagata, grade 4, Poland

What was your favorite memory?

Probably when I went to my grandparents. At the airport when they saw us, they hugged us.

What was your favorite place you went to?

My favorite place was a huge lake called Morskie Oko, which means underwater eye. We had to hike there, and when we got there, it was like pre-taken wallpaper that you would have on your computer.

Jack Lu, grade 4, Asia

What was your favorite part of the trip?

Basically eating the food or surprisingly the plane ride. It was fifteen hours. I got to watch seven movies on the first ride. I watched new movies like Black Panther.

Where in Asia did you go?

I went to Shanghai and Suzhou. We went to a bunch of museums. A bunch of different museums like history and all that stuff.

Leon Jarczynski, grade 5, Russia

What was your favorite part of your trip?

I got to go to the World Cup with my Dad, and it was really cool. I loved getting to watch all the teams play. It is something I'm never going to forget.

INTERVIEWS BY FRANKIE GRASSO-CLAY, LUCY COLLINS AND WILLIAM KHABAZZ

TOP: PHOTOS PROVIDED BY CHRIS SCHUTZE, JOANNA ZAGATA AND VERENA JARCZYNSKI

BOTTOM: PHOTOS PROVIDED BY KAREN VELAZQUEZ, MANUEL LOPEZ AND TAO SUN LU

Brothers 'cover' the basics

by Melissa Santoyo

The Manzano family embraces the music in their genes. As part of the YouTube-based band Interval941, three brothers fifth-grader Miciel Manzano, third-grader Kian Manzano and Southside Elementary first-grader Luca Manzano have garnered over 4.7 million views on the social media platform through their acoustic pop covers.

The Manzano brothers attribute the inspiration for Interval941 to their father, Daniel Manzano, a member of the band Boyce Avenue. Daniel is a Pine View graduate, and his band consists of three brothers. Starting to post covers on YouTube in 2007, Boyce Avenue has gathered international acclaim. The young Manzano

brothers could not help but catch on. "We liked seeing our dad play shows and hearing the music, and we kind of wanted to do our own stuff," Kian said, "So [my brothers and I] wanted to make a channel on YouTube, because we watch a lot, and we like singing."

Their father noted his sons' excitement and was enthusiastic to bring Interval941 to life. "They've always loved singing and music. It's what they know," he said.

Since the beginning, Interval941 has been founded on the ideas of Miciel, Kian and Luca, while their father facilitates production. Once the boys discover a song they'd like to perform as a cover, their father gets to work creating a background track in Boyce Avenue's

Sarasota studio. The brothers themselves decide which parts of the song they'd like to sing.

Interval941's first YouTube video was a cover of Imagine Dragon's "Thunder" and currently boasts over 3.6 million views since its publishing in October of last year. Their most recent cover is "Girls Like You" by Maroon 5, Cardi B and Adam Levine. In response to the band's immediate popularity, Miciel said, "It's nice to see that people are starting to like our videos and appreciate it."

Like Boyce Avenue, Interval941 hopes to showcase the band members' personality in their music videos. In "Thunder," the boys are seen practicing piano and guitar, instruments they're learning to play outside of their videos.



The Manzano brothers, Miciel, Kian and Luca, practice while having a jam session in their home studio. They decide which parts of songs they each want to sing before putting it all together. PHOTO PROVIDED BY DANIEL MANZANO

With over 100,000 subscribers, Interval941 received YouTube's silver play button this past Sept. 30. Their father Daniel says the inspiration process comes "organically."

Regardless of whether or

not Interval941 continues for years to come, the Manzano brothers are excited about the prospects. "I'm not sure if we're going to keep doing this for a while, but I think it will be great," Miciel said.



Fifth-grader Sophia Yu was recently cast as a part of the ensemble in her last play, "Aladdin Junior", with Spotlight Theatre Productions. Yu has performed in multiple since she started in second grade. PHOTO PROVIDED BY WOOMEY YU

Student owns her tone

by Sarah Hassan

Dazzling the audience, fifth-grader Sofia Yu has been gracing the stage since kindergarten, performing in musical theater.

Initially, Yu's inspiration to act came in kindergarten after watching "Beauty and the Beast" on Broadway. "She was frozen when she watched [the show] throughout the whole time," Yu's mother Woomee Yu said.

When Yu began second grade, Yu's mother discovered Spotlight Theatre Productions, a musical theater program for kids from second to twelfth grade. Intrigued, Yu's mother had her test out the program by auditioning. After the audition, Yu decided that Spotlight

Theatre Productions was a perfect fit.

With Spotlight Theatre Productions, Yu's group performs condensed versions of musicals designed for young performers, which often takes her to various locations like Venice Theatre.

Yu has performed in the Spotlight Theatre Production in "Aladdin Junior the Musical", and she is currently rehearsing for the upcoming play, "Once on this Island". For both of the shows, Yu is in the ensemble, the group of minor characters who support the main roles through various ways.

Typically, Yu's schedule for the program consists of rehearsals on Sundays from 5 to 8 p.m. During rehearsals,

the theatre group first warms up their voices, stretches, and then then starts acting the different scenes for the upcoming shows.

Yu said her favorite part of acting in the musical theater is singing in front of the audience. "I like to show the audience my talent, and when I perform, I feel proud of the hard work I put in to the show," Yu said.

Yu goal is to continue acting in the future and eventually move to New York and perform on Broadway. Her parents have noticed her efforts in acting and encourage Yu with her dreams. "We try to support her. Sofia has found so much passion, it is something she really loves so much," her mom said.

It takes twins to win

Twins are double-trouble on the soccer field

by Ben Gordon

Scoring goals together, both on and off the field, fourth-graders Dianna and Lianna Pushkash have been playing soccer for three years, sharing their journey in the sport together as twins.

The Pushkashes initially began playing soccer due to their parents' enthusiasm for the sport, as they have watched soccer games together for many years as a family tradition. "We started off with a decent idea of how to play because our mom and dad talked about it all the time. We watched a lot of videos about soccer, too," Lianna said. Another important motivation to start playing soccer was their older brother Jonathon Pushkash who plays forward. Dianna and Lianna still look up to their brother and are inspired by his skill.

After some consideration, the sisters and their family decided their local team, North Port Youth Soccer, was the best option. The team practices at Narramore Soccer Complex in North Port, competing against the six other teams in the U12 division.

At practice, the team does practice drills, like passing, control and dribbling, and also scrimmages, or defense versus offense, every week. Occasionally, they have games where the players go up against their parents. Each

practice entails intense physical activity and requires high physical fitness and awareness.

Dianna plays defense, meaning her sole purpose in a match is to defend the goal. Lianna is a midfield player so she plays both defense and offense, passing the ball back and forth across the field.

The Pushkashes' love the teamwork aspect of the game. "I love when I'm playing soccer. It's really fun to run and pass the ball, and I feel really competitive. I want to win,"

"I don't want to stop playing any time soon, and I plan on continuing for as long as I can,"
Dianna Pushkash,
Grade 4

Dianna said.

She has also learned vital life lessons from the sport. "I've learned to be a team player. You have to be nice to every one of your competitors, and even your own teammates." Dianna said.

Due to the sisters' additional commitments as Pine View students such as homework and other activities, they are not required

to attend practice every day, normally going at least twice a week. "We go whenever we have time, or just want to have some fun with our friends," Dianna said.

The duo has many reasons to love soccer, but, "the best part is the warmth and sense of accomplishment that comes along with playing on a team," Lianna said.

"My favorite memory is when my team won first place at the league championships. Everyone on the team participated and contributed to our win," Dianna said. The win came after multiple rounds of eliminations, of which the sister's team prevailed in each.

The Pushkashes' parents are some of their biggest supporters. "It's funny that when they play, we feel like we are playing with them. That's probably because we cheer for them a lot. If anyone was counting, I think we would have the most trophies for loudest cheerleaders on the sidelines," their mother, Lybov Pushkash, said. Pushkash hopes that her daughters keep playing and enjoying their practices.

The sisters see soccer being a part of their future for years to come, and may even continue after high school. "I don't want to stop playing any time soon, and I plan on continuing for as long as I can," Dianna said.



Fourth-grade twins Dianna and Lianna Pushkash pose in front of a soccer goal. The Pushkash twins have been playing soccer for three years. PHOTO PROVIDED BY LYBOV PUSHKASH GRAPHIC BY NAINA CHAUHAN

CONGRATULATIONS TO THE FOLLOWING SIXTH-GRADERS WHO MADE THE VOLLEYBALL TEAM:



CHARLEY GOBERVILLE



KATE KEMPTON



AVA NEBEL



EMMA REYNOLDS



CASEY WILLIS

ADVENTURE SPORTS TIMELINE

ROCK CLIMBING



In the 1880's the sport of rock climbing began in Great Britain.

HANG GLIDING

Otto Lilienthal built the first controlled hang glider in the 1890's.



SURFING

Modern surfing was revived in the early 1900's by Hawaiians near Waikiki.

SNOW BOARDING

In the 1960's snowboarding was invented by accident by Sherman Poppen. He sold the idea to the Brunswick company. The board was initially called a "snurfer".



[a review]

Take a walk on the wild side

Humans have been enticed by daring activities since the dawn of time. From hang gliding to rock climbing, we have invented a variety of activities to push the limits of physical endurance. Here, The Match has picked out a few local places where you can experiment with your wild side.

What are adventure sports?

by Clyde Morgan

Throughout history, thrill-seekers have sought out activities that will allow them to feel adrenaline coursing through their veins. Many of the activities one may associate with adventure, like hang gliding, rock climbing, surfing and snowboarding, have surprising origins, often stemming from entirely practical endeavors. So, what exactly are these beginnings?

Today, hang gliding is a form of aviation enjoyed by many across the world. Originating alongside the birth of aviation itself, the practice of hang gliding was originally created by the Chinese who used large kites. Later, German engineers further developed it. After the invention of the airplane, though, the craft was tweaked to be reliably safe. Today, most modern hang gliders are modeled after a hang glider invented by Australian engineer John Dickenson in 1963. Since then, the sport, which now utilizes

gliders constructed out of airplane-grade materials, has spread across the world. Today, it is surprisingly known as one of the most reliably safe sports in the world.

Generally, rock climbing in the U.S. originated at Yosemite National Park. However, upon its origination, climbing in the park was illegal, and Yosemite park rangers would make arrests almost every day, sending spirited young climbers to court. These climbers introduced the beginning of climbing culture, which quickly spread across the world. Eventually, newer and safer climbing gear was developed, allowing climbers to reach the summits of the highest points in the world.

For thousands of years, humans have enjoyed the practice of riding waves. Around 3000 years ago, though, ancient Polynesians began riding waves on wooden boards. Today, this common practice is called surfing. The first surfers were fisher-

men, who discovered riding waves as an efficient method of getting to shore with their catch. Eventually, surfing became a common recreational activity in the Pacific region. Surfing was revived, after many years of declining popularity, by the Hawaiians in the 20th century.

Surprisingly enough, snowboarding, which has come to be one of the most popular winter sports, originated in 1965 in the hands of a father in Michigan. Trying to get his kids outside on a cool, midwestern winter day, Michiganander Sherman Poppen decided to attach two skis to a wooden board — an invention which would be patented in 1966, forever changing the course of winter sports history.

The evolution of adventure sports, over the course of thousands of years, has transformed into a friendly pastime for anyone, regardless of ability, permitting a sense of thrill and adventure for everyone.



The expansive adventure grounds at TreeUmph contain a variety of activities for visitors of all ages. The obstacle courses range in difficulty, but TreeUmph offers ample support. PHOTO PROVIDED BY TREEUMPH WITH PERMISSION

TreeUmph

by Olivia Hansen

With over 10 football fields worth of adventurous challenges and activities, TreeUmph is the ultimate outdoor arena. The park packs in a number of zip lines, ladders, and other obstacles that will allow guests to get in touch with nature, as they fly through the dense woods.

The park has been a hot-spot of fun since it was founded in 2012. People come from all over to experience this amazing opportunity, with dozens of obstacles to test their strength and agility, all while having a blast. As a result, TreeUmph is a perfect spot to host birthday parties: a designated picnic table, tickets for nine other friends, and Dippin Dots for each participant — guaranteeing an un-

forgettable experience.

Additionally, TreeUmph tries endurance through challenges involving rope, ladder, zip-line, and many more activities after a brief instruction course. All throughout, the guides make sure the experience is enjoyable, always respecting the visitor's comfort zone. Whenever stuck in an obstacle or in need of help, just yell "Guide!" and someone will be there immediately. Staff at TreeUmph makes each visit exciting, while also allowing guests to feel as safe as possible.

The park has five courses, each increasing in difficulty. The first is a way to ease into the structure of the park, and by the fifth, guest will become expert climbers. Don't worry — TreeUmph lets ev-

eryone move at their own desired pace. For someone who is afraid of heights, for example, a rope and ladder course high in the trees may seem intimidating, but after going through detailed warm-ups and instructions, all become comfortable.

"It is really surprising and fun to be up there. You don't get to be up in a tree everyday. It is a really nice experience" said fourth-grader Emma Morris.

For climbers from ages 9-11, tickets cost \$36.95 and for climbers 12 and up, tickets are priced at \$54.95.

21805 E State Rd 70,
Bradenton FL 34202.



YMCA Adventure Program

by Sid Sharma

Since its establishment, the YMCA Adventure Program has strived to encourage the goal-seeking spirit of children, teens and adults in our area by providing a variety of adventurous activities to its customers.

Continuing to serve as a valuable and fun resource for patrons of various experience levels, the YMCA Adventure Program allows anyone to enjoy a variety of outdoor activities in a safe and supportive environment.

One of the most popular aspects of the YMCA's Adventure Program is kayaking, which is conveniently offered every second and fourth Tuesday of the month at Lido Key's

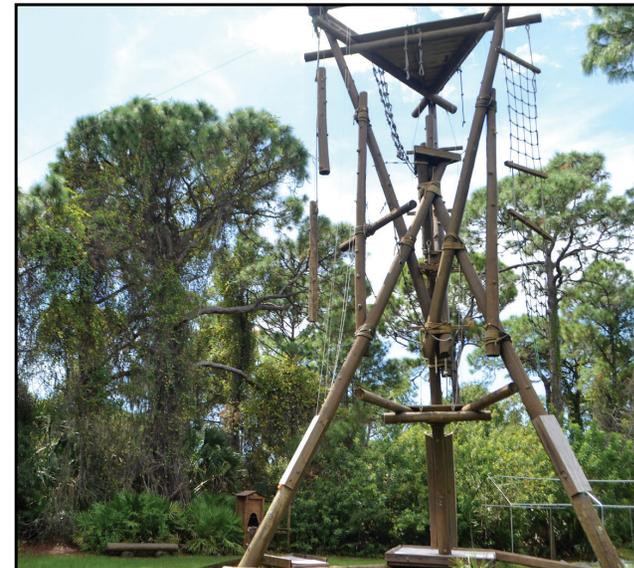
South Lido Park and requires a minimum of four participants per session. Additionally, for the safety and convenience of its patrons, the YMCA provides two trained staff members per kayaking session to ensure a safe and productive experience. Somewhat inconveniently, however, each kayaking session must be booked at least one month in advance for schedule reassurance. The price for one kayaking session is \$17.50 for YMCA members and \$25 for non-members.

The climbing tower is also a vital aspect of the program, encouraging participants to face their fears by reaching the top of a large vertical tower. Open climb is available on the last Saturday of each month

and is free for YMCA members. For non-members, admission is \$10 per climber.

Birthday parties are also offered by the Adventure Program, permitting participants a two-hour climb period on the climbing wall, group activities and one hour in the YMCA teen center. Birthday parties, like kayaking sessions, must be booked one month prior. The price for birthday parties is \$100 for the one-hour teen center rental and \$16 per climber, for the climbing wall.

Evalyn Sadlier Jones
Branch 8301 Potter Park Drive
Sarasota, FL, 34238.



One of the YMCA Adventure Course's activities is zip lining. The YMCA offers a multitude of courses like kayaking and their climbing tower, both of which are popular birthday party activities. PHOTO BY SID SHARMA

Student pulls no punches

by Alex Roumi

Second-grader Sofia Wilson was introduced to taekwondo by her parents, and has loved it ever since. She has been taking part in the sport for four years at Park's Family Taekwondo Center, where she practices two times a week, for one hour each lesson.

According to Wilson's mother, Andrea Slavcev, Wilson's practices consist of a variety of physically rigorous activities. "They practice kicks, punches and blocks along with strength and flexibility training. They practice choreographed movements and break boards," Slavcev said.

Wilson is a deputy black belt, the belt before black belt,

and has been training hard for this accomplishment. "She sometimes does her forms at home... She likes the feeling of being good at something most can't do," Slavcev said.

Training even harder as time progresses, Wilson said she strives to go on to become an even better karateka, or a karate practitioner.

Wilson loves many of the steps she does in taekwondo. "I like one-steps!" Wilson said. One step sparring is a pre-arranged and controlled exercise, learned in order to demonstrate a defensive technique.

Wilson said she also loves nunchucks, a traditional martial arts weapon consisting of two sticks connected at one

end by a short chain or rope.

Slavcev is very proud of her daughters' accomplishments. "Sofia has learned self-discipline, perseverance, direction following, knowing that anything can be achieved with practice, respect authorities, and is in the process of learning responsibility and leadership," Slavcev said.

Wilson hopes to continue taking part in Taekwondo, later hoping to become a staff member at Park's Family Taekwondo Center. "You have to be about 13 to do it, so when I'm old enough I want to be a staff member," she said. For now, though, Wilson will keep training hard as an athlete and enjoy herself while doing so.



Second-grader Sofia Wilson demonstrates a fundamental taekwondo stance. She has put in hours of hard work and dedication over the past four years at Park's Family Taekwondo Center. PHOTO PROVIDED BY ANDREA SLAVEC



Sixth-grader Josh Woody shows off his follow through stroke which he has perfected over the years. Woody participated in a sports camp this past summer where he was coached by professional golfers who helped him hone in on specific skills. PHOTO PROVIDED BY NATALIE WOODY

A sportsman of all sorts

by Cate Alvaro

Double threat sixth-grader Josh Woody plays both soccer and golf, devoting time to practice these sports each week. Through these two extracurricular activities, according to Woody, he has learned valuable time management skills, balancing both his academic and athletic lives.

Woody was initially encouraged to take up soccer by his father, a former soccer player at the United States Naval Academy. Starting out on the recreational soccer team at the YMCA, Woody built up the skills to move to a competitive soccer team, the U13 Venice Falcons. Practices for the U13 Venice Falcons are held every Tuesday and Thursday for two hours, consisting of warm-up, drills and a group scrimmage.

In addition to playing soccer, Woody golfs during the weekend, playing nine holes during a typical session. Beginning three years ago, he was inspired to play golf by his grandfather. "My favorite thing about golfing with my grandpa is that he gives me a lot of tips and helps me get better," Woody said.

This athletic commitment has also taught Woody lessons off the field. "Josh likes to get his schoolwork done right when he gets home from school so he can spend the rest of the evening relaxing or going to practice. Playing sports helps him to not procrastinate," Woody's mother, Natalie Woody, said.

This past summer, he attended a sports camp held at the Capri Isles golf course in

Venice, Fla. for a week. The program was taught by certified Professional Golf Association (PGA) and Ladies Professional Golf Association (LPGA) members. The PGA and LPGA members enriched Woody's skills in the sport, going over different techniques in golf, such as pitching, driving and putting with the students.

"It was really cool to be taught by professional golfers because they're professionals so they know what they're doing. We were getting good teaching," Woody said.

Woody is excited about pursuing golf in the future, planning to try out for the Pine View middle school golf team this year. Additionally, he will continue to play soccer for the U13 Venice Falcons.

Fourth-grader 'flips' out

by Madi Holmes

For fourth-grader Emma Morris, the bar is always set high, as she regularly participates in gymnastics competitions across the state while balancing her rigorous training schedule.

Unable to stand still, Morris has been tumbling since before she can remember. "I feel like I've been doing gymnastics forever. I would always do random stuff around the house like tumbling, and then I got into doing the sport competitively," she said.

Morris began training at local gym Acrofit when she was only four years old. "Emma began the sport because she has always been extremely athletic

and loves competing. She enjoys the team atmosphere, and supporting her teammates," Morris' mother Amber Morris said.

Morris practices routines for all four of the major events, but her favorite is floor, where the gymnast performs gymnastic routines on a large square mat. Within this category, her favorite skill is the round-off-back-hand-spring. "It took me a while to learn, but I finally got it after a couple months and it was the best feeling in the world," she said.

Morris dedicates a considerable amount of time and energy to gymnastics, practicing every Monday, Wednesday and Friday for two and a half hours.

Practices include learning skills on all four elements, as well as creating and practicing routines for competitions.

In addition to her weekly practices, Morris often travels to competitions. She is a level three gymnast, and competes through USA Gymnastics (USAG) and Amateur Athletic Union, which have allowed her to travel to regional meets across the county and state in places like North Port, Port Charlotte and Daytona Beach.

This January, at a competition in Fort Myers, Morris entered USAG's Elite level, meaning her score based off of her performance added up to 36 to 40 points across all four events, 40 being perfect. At



Fourth-grader Emma Morris poses while performing a split. She is a level three gymnast at Acrofit Gymnastics. Morris dedicates her Monday, Wednesday and Friday nights to the sport. PHOTO PROVIDED BY AMBER MORRIS

this competition, she won first overall. Later, she won third place overall in the state competition in Daytona Beach in April, reaching the Elite level again.

Looking forward, she

plans on continuing to compete throughout her middle and high school years. "I really enjoy gymnastics. I've made such close friends and I couldn't imagine life without it," Morris said.



Little Dragons



Interdisciplinary Martial Arts Training

- **Learn Self Protection**
- **Coordination and Strength**
- **Self Discipline**
- **Respect and Courtesy**
- **Self Confidence/Anti-Bullying**
- **Mindfulness**
- **Skills that Last a Lifetime**
- **Fun, Fun, Fun!**

Sifu Michael Stults
Master Level Instructor,
30 Years Experience
Pine View Parent

Tuesdays 6-7 PM
Cost: \$120 / 8 Sessions

For more information call:

941-400-4459

I-chi.org

